



AGE-FRIENDLY COMMUNITIES STRATEGY 2018 - 2022



Figure 1 – Seniors Having Lunch at Bull & Bush Tavern in Boyanup

JANUARY 2018

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Figure 2 - Julian Sanders receiving his Order of Australia Medal

1. ACKNOWLEDGEMENTS

The Shire would like to acknowledge the senior residents from within the Shire for their contributions to the preparation of this report either through sharing their knowledge and experiences in a focus group forum or in completing the age-friendly communities' survey.

The Shire would also like to acknowledge Peter Kenyon and Cormac Russell from the Bank of Ideas for their use of resources and their Asset Based Community Development Framework.



Figure 3 – Bank of Ideas

The Shire also acknowledges Lesley Jackes for her photography.

2. EXECUTIVE SUMMARY

The Shire has undertaken this project to identify how age-friendly it is, what barriers to ageing exist and how these can be addressed. This project was conducted using an internationally tested model developed by the World Health Organisation (WHO), which used a survey and focus group workshops to look at the following features of an age-friendly community:

- Outdoor spaces and buildings
- Transport
- Housing
- Social participation
- Respect and social inclusion
- Civic participation and employment
- Communication and information, and
- Community support and health services.

The survey outcomes indicated that the Shire is generally age-friendly for four of the above features, however there were examples identified for each of these where improvement could be made. Access to transport in all localities except Dalyellup was the main feature where the Shire of Capel is not age-friendly. Other features that did not rate too well were: housing; communication and information; and community support and health services.

Senior residents, particularly those residing in Peppermint Grove Beach, Capel and Boyanup may not be able to remain in these localities as they age if they cannot access public transport and housing that is suitable for their needs. For many, moving out of their locality may result in significant dislocation from community, friends, neighbours and social and family networks.

Focus group workshops were held to further explore these issues and brainstorm strategies to enable the Shire of Capel to become an age-friendly community. This strategy includes a number of recommendations to guide Council's decision-making.

3. INTRODUCTION

According to WHO, an age-friendly community encourages active ageing by optimizing opportunities for health, participation and security in order to enhance quality of life as people age. In practical terms, an age-friendly community adapts its structures and services to be accessible to and inclusive of older people with varying needs and capacities.

This report has been prepared using the WHO framework for age-friendly communities. The Shire surveyed a significant proportion of its senior community and the outcomes of the survey and focus group workshop are detailed in this report.

This report includes a brief profile of the Shire of Capel community; a detailed explanation of the methodology used; and reports the outcomes of the survey and focus group workshop. Links to existing Shire strategic documents are also detailed. This report includes a strategic plan with objectives and actions to guide Council's decision-making in ensuring the Shire of Capel develops as an age-friendly community.

Historically the Shire has provided specific age friendly services, supporting seniors in the district through a range of initiatives. These include:

- Sponsorship of the Home and Community Care (HACC) service;
- Implementation of active ageing programs (subsidised yoga classes & self-defence course, subsidised outings, including a two night trip to Albany, Boyup Brook Country Music Festival, Perth Craft & Wood Show, Perth Zoo, Balingup Medieval Carnivale, Mandurah Christmas Lights Cruise, ANZAC Tour, Margaret River Gourmet Tour, Nannup Garden Festival, Op Shop Tour, Nursery Tour & Local History Bus Trip);
- Implementation of Stay On Your Feet Week activities;
- Implementation of Seniors' Week activities;
- Implementation of health promotion activities;
- 50% subsidisation on hire fees for seniors when they use the respective community centres;
- Nominal annual cost of Shire owned building in Capel used as Capel Senior Citizens Centre;

- Investigation of transport options for seniors through a community transport strategy;
- Installation of additional ACROD/Seniors parking bays at community facilities;
- Encouragement of Developers to consider aged care accommodation options that offer a range of affordable housing choices across all towns;
- Development of Bethanie Housing for seniors in Dalyellup;
- Development and distribution of Seniors' Link newsletter on a monthly basis;
- Development of a seniors email database to utilise as a communication network for seniors;
- Recognition and celebration of contributions made by senior volunteers; and
- Provision of seating for seniors along pathways and public places.

This project therefore builds on existing initiatives and services.

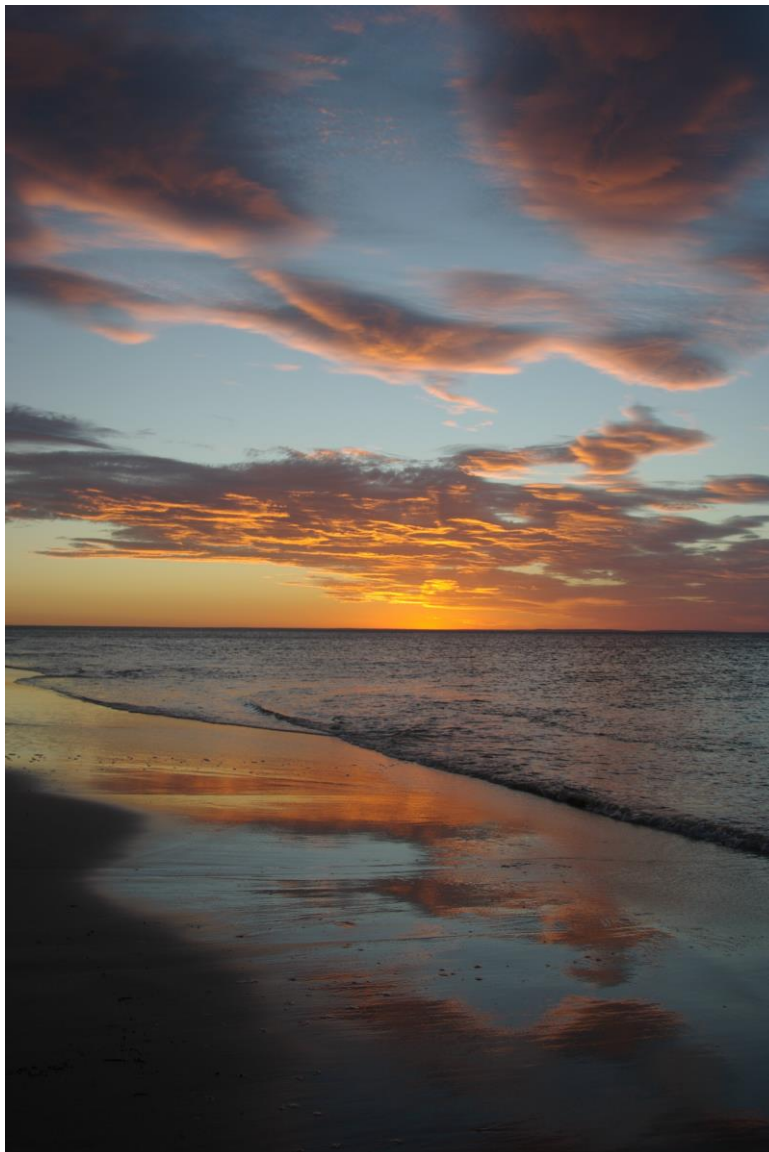


Figure 4 - Peppermint Grove Beach at Sunset

4. SHIRE OF CAPEL COMMUNITY PROFILE

4.1 Our physical environment

The Shire of Capel is situated on the shores of Geographe Bay approximately 212 kilometres south of Perth. The Shire has an area of 554 square kilometres, extending from the 29 kilometres of pristine beach fronting onto Geographe Bay to the edge of the Darling Scarp. The Shire of Capel shares current boundaries with the City of Busselton to the south, Shire of Donnybrook-Balingup to the east, Shire of Dardanup to the north-east and City of Bunbury to the north.

The Capel River discharges into Geographe Bay at Peppermint Grove Beach whilst the Preston River forms part of the Shire's eastern boundary and the Ludlow River forms part of the southern boundary. The Shire's district takes in the town sites of Boyanup and Capel, the semi-rural settlements of Gelorup and Stratham and the beachside estates of Peppermint Grove Beach and Dalyellup as well as smaller rural locations of Elgin and Gwindinup.

The Shire has a blend of rural countryside, rolling hills and wide open spaces, popular beaches, rich Jarrah forests and the magnificent Tuart forest which is part of the only naturally occurring Tuart forest in the world.

The Shire of Capel is one of the fastest growing regions of Western Australia with a growing diverse economic base. The nature of the Shire is changing with the extensive residential growth being experienced in the northern end of the Shire with the massive growth in Dalyellup. The urban growth is changing the predominantly rural nature of the district in the north to an urban outlook.

4.2 Our population

The resident population of the Shire was 17,519 in June 2016 according to the Australian Bureau of Statistics (ABS).

The following table includes the resident population of selected localities in 2011 and 2016.

Table 1 Estimated Resident Population of Localities

	June 2011	June 2016
Capel	2,000	2,509
Boyanup	800	1,217
Peppermint Grove Beach	400	466
Gelorup	2,225	3,009
Dalyellup	7,250	8,998
SHIRE OF CAPEL	15,059	17,519

Source: Australian Bureau of Statistics (ABS)

Table 2 indicates the age distribution of the 2016 resident population across nine age groups and compares the Shire with Western Australia and Australia. The data demonstrates that the population of the Shire is considerably younger than Western Australia and Australia's population, with higher proportions of children and lower

proportions of seniors. Only 10.2% of the Shire’s population is aged 65 or over compared to 14% in Western Australia and 15.8% in Australia.

Table 2 Age Distribution, 2016

	Median Age	Age Group								
		0-14	15-24	25-34	35-44	45-54	55-64	65-74	75-84	85+
Shire of Capel	36	24.6%	13.1%	11.5%	14.5%	15.1%	11%	7.2%	2.5%	0.5%
Western Australia	36	19.2%	12.6%	15.4%	14%	13.6%	11.4%	8.1%	4.2%	1.7%
Australia	38	18.7%	12.8%	14.4%	13.5%	13.6%	11.8%	8.9%	4.8%	2.1%

Source: ABS, 2016 Census of Population and Housing

Table 3 indicates broader age profiles for selected localities in the Shire. This table attempts to reflect generational cohorts. This table demonstrates that Dalyellup has a much younger population than other areas in the Shire. Peppermint Grove Beach, closely followed by Capel and Boyanup have the highest percentage of seniors in their localities.

Table 3 Age Profile of Localities, 2016

	Median Age	Age Cohorts			
		0 – 19	20 – 44	45 – 64	65+
Capel	39	28%	28.8%	26.5%	16.8%
Boyanup	44	25.9%	25.2%	33.1%	16%
Peppermint Grove Beach	47	21.8%	23.7%	36.2%	18.4%
Gelorup	43	31.5%	21.3%	35.1%	12.2%
Dalyellup	31	36.6%	34.8%	21.7%	6.9%

Source: ABS, 2016 Census Population and Housing



Figure 5 - Peppermint Grove Beach Wetlands

4.3 Our Seniors

According to the 2016 Census, 265 Shire residents over the age of 55 years require assistance with core activity. The Census 'Core Activity Need for Assistance' concept was developed for the 2006 Census to indicate the disability status of people in Australia. This population is defined as people with a disability who need assistance in their day to day lives with any or all of the following core activities – self-care, body movements or communication. Table 4 shows the number and percentage of seniors requiring assistance for each major locality in the Shire.

Table 4 Need for Assistance with Core Activity, 2016

	55-64 years	65-74 years	75-84 years	85 + years	Total People	%
Capel	22	27	11	10	70 people	3%
Boyanup	8	8	0	12	28 people	2%
Peppermint Grove Beach	0	0	4	0	4 people	1%
Gelorup	9	18	14	10	51 people	2%
Dalyellup	21	43	37	11	112 people	1%

Source: ABS, 2016 Census of Population and Housing

Table 5 shows the number and percentage of seniors undertaking voluntary work for each major locality in the Shire. According to the 2016 Census, 718 Shire residents over the age of 55 years undertake voluntary work for an organisation. It is interesting to note that whilst Dalyellup has the highest number of seniors volunteering their time, Boyanup and Peppermint Grove Beach have the highest percentage of volunteers.

Table 5 Voluntary Work for an Organisation, 2016

	55-64 years	65-74 years	75-84 years	85 + years	Total People	%
Capel	54	62	25	4	145 people	6%
Boyanup	41	39	18	7	105 people	9%
Peppermint Grove Beach	23	15	5	0	43 people	9%
Gelorup	92	48	17	3	160 people	5%
Dalyellup	128	105	32	0	265 people	3%

Source: ABS, 2016 Census of Population and Housing

Table 6 shows the number and percentage of seniors living on their own for each of the main localities in the Shire. According to the 2016 Census, 303 Shire residents over the age of 55 years live on their own. Whilst Capel has a significant amount of seniors living on their own, in terms of percentage of locality populations, Capel, Boyanup and Peppermint Grove Beach have the highest percentage of seniors living on their own.

Table 6 Seniors Living Alone, 2016

	55-64 years	65-74 years	75-84 years	85 + years	Total People	%
Capel	45	41	29	17	132 people	5%
Boyanup	18	21	16	3	58 people	5%
Peppermint Grove Beach	7	9	7	0	23 people	5%
Gelorup	22	9	10	3	44 people	1%
Dalyellup	83	90	40	13	46 people	1%

Source: ABS, 2016 Census of Population and Housing

Table 7 shows the number of dwellings without internet access for each of the main localities in the Shire. According to the 2016 Census, 9.2% of dwellings within the Shire of Capel do not have internet access.

Table 7 Internet Not Accessed From Dwelling, 2016

	Capel	Boyanup	Peppermint Grove Beach	Gelorup	Dalyellup
Number of Dwellings without Internet Access	123	52	11	51	231

Source: ABS, 2016 Census of Population and Housing



Figure 6 - Peppermint Grove Beach Wetlands

4.4 Service providers

A range of private, public and not-for-profit service providers service the needs of the aged and carers in the region. The relevant groups and agencies and their role/purpose are detailed in the following tables:

Table 8 – Hospitals and Health Services

Name	Comment	Location
Bunbury Regional Hospital	Primary Health Care	Bussell Highway, Bunbury
St John of God Hospital	Primary Health Care	Bussell Highway, Bunbury
Better Life Centre	Mobility aids/equipment	4/76 Spencer Street, Bunbury
Bunbury Community Health Service		Community Health Centre, Hudson Road
WACHS South West Regional Aged Care	WA Government. Services Greater Bunbury. Care assessments and community care.	8 Spencer Street, Bunbury
Wanslea	Services Greater Bunbury. Grandcare (grandparents raising grandchildren) support services.	110 Scarborough Beach Road, Perth
Alzheimer's Australia	Services Western Australia. Respite, day centres, advocacy, resources and support.	Mandurah
Bunbury Cancer Council Support Centre	Services Greater Bunbury.	62 Forrest Avenue, Bunbury
Leukaemia Foundation of Australia	Services Greater Bunbury.	3 Victoria Street, Bunbury
Western Australian Deaf Society Inc.	Outreach services in Greater Bunbury.	5 Aberdeen Street, East Perth.
LAMP	Services Greater Bunbury. Mental Health Support Services.	226 Bussell Highway, Busselton.
Pathways	Services Greater Bunbury. Non-clinical mental health support.	1/14 Rose Street, Bunbury.
Multiple Sclerosis Society of Western Australia	Services Greater Bunbury. Massage and physiotherapy, social services and support.	9 Ramsay Street, Bunbury



Figure 7 - Better Life Centre, Bunbury

Table 9 – Community Care

Name	Comment	Location
Southern Cross Care	Services Greater Bunbury. Day centre, low to high care and respite care.	3 Parade Road, Bunbury
Home & Community Care	Services Greater Bunbury. Range of in-home assistance, including domestic and personal care, and transport and social services.	15 Albatross Crescent, Eaton
Silver Chain	Services Greater Bunbury. Range of in-home assistance, including domestic and personal care, and transport and social services.	1 Mitchel Crescent, Bunbury
St Ives Home Care Bunbury	Services Greater Bunbury. Range of in-home low to high care, respite care and personal assistance.	1/1 Spencer Street, Bunbury
Morrisey Homestead Day Respite Centre	Services Greater Bunbury. Respite services, in-home care and assistance, transport.	123 South Western Highway, Bunbury
Bethanie Community Care South West	Services Greater Bunbury. Range of low to high care services, including home and domestic assistance and respite care.	86 Blair Street, Bunbury.
Baptist Care Home Services South West	Services Greater Bunbury. Range of in-home assistance and care, including domestic and personal, and transport and social services.	4 Plaza Street, South Bunbury.
South West Rural Respite Services	Services Greater Bunbury.	8-10 Prince Street, Busselton.
Enable South West	In-home disability care services	104 Beach Road, Bunbury
Bunbury Commonwealth Respite and Carelink Centres	Services Greater Bunbury. Coordination of access to local services, including respite and care.	2/33 Denning Road, Bunbury.

5. METHODOLOGY

The methodology used for this project was based on the Department for Communities guidelines¹ adapted from the World Health Organisation framework,² which is an internationally tested framework to create age-friendly communities. The process involved conducting a survey and focus groups for each locality in the Shire. The experiences of older people of what is, and what is not, age-friendly, and what could be done to improve their community's age-friendliness were obtained.

An age-friendly community is one which:

- Recognises the great diversity among older people;
- Promotes their inclusion and contribution in all areas of community life;
- Respects their decisions and lifestyle choices; and
- Anticipates and responds to ageing-related needs and preferences³.

There are eight essential features of an age-friendly community. These are:

1. Outdoor spaces and buildings;
2. Transport;
3. Housing;
4. Social participation;
5. Respect and social inclusion;
6. Civic participation and employment;
7. Communication and information; and
8. Community support and health services.

5.1 Survey

Each of these features were investigated in a survey to identify what was age-friendly in their community, barriers to age-friendliness and how they could be improved. Forty-six seniors completed the survey, which was distributed to seniors via the Shire's email database of seniors, the Shire's Seniors' Link newsletter, locality newspapers and the Shire's website.

The survey identified the assets in each of the main localities in the Shire, along with the barriers to age-friendly communities for each locality.

The first part of the survey (questions 1 to 19) sought details about respondents, including gender, age, their highest level of education, the locality where they lived, details of their household, home ownership, the likelihood of them relocating within the next five years and their employment status.

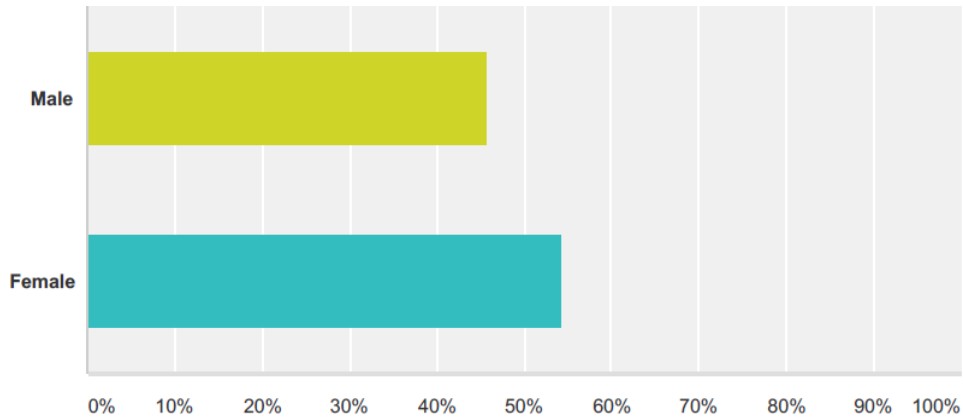
¹ Department for Communities, *Age-friendly communities – A Western Australian Approach*

² World Health Organisation, *Global age-friendly cities: a guide*, 2007

³ Adapted from WHO's definition of an age-friendly city.

Question 1: Are you male or female?

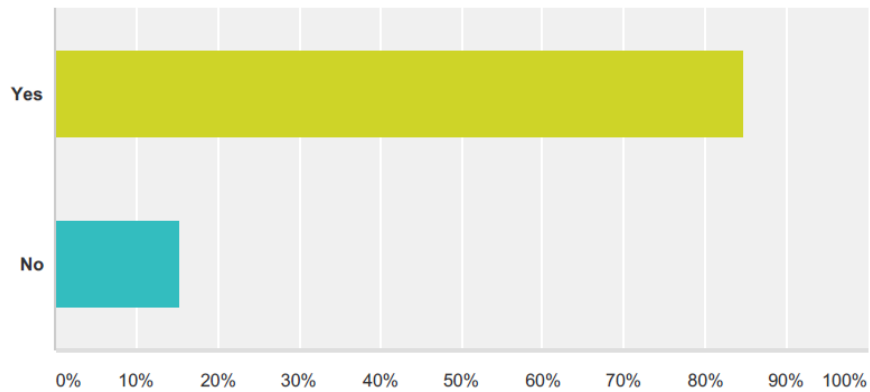
Chart 1



Forty-six percent of respondents were male and fifty-four percent of respondents were female.

Question 2: Are you in good health?

Chart 2



Eighty-five percent of respondents are in good health and fifteen percent have poor health.

Question 3: What is your age?

Table 10 – Age of Respondents

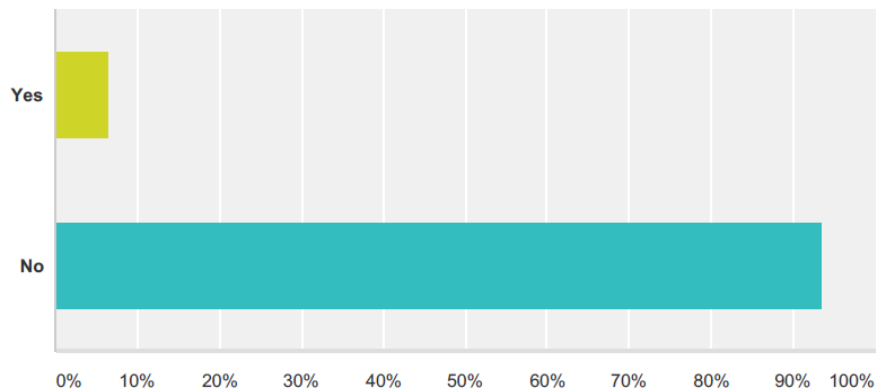
Age	Number of Respondents
55 years	3
58 years	1
59 years	1
62 years	2
63 years	1
64 years	1
66 years	1
67 years	4
68 years	2
69 years	4
70 years	5
71 years	1
72 years	3

73 years	1
74 years	2
75 years	4
76 years	1
77 years	2
78 years	1
79 years	2
83 years	1
84 years	1
88 years	1
89 years	1

Respondents ranged in age from 55 years to 89 years. The majority of respondents were aged between 66 years and 75 years.

Question 4: Do you usually have someone to help you fill out forms or interpret medical advice?

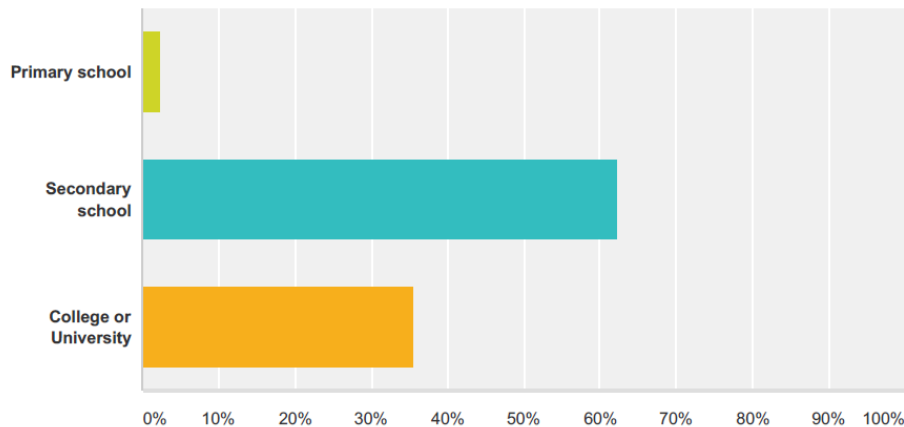
Chart 3



Six percent of respondents have someone help them fill out forms and interpret medical advice and ninety-three percent of respondents are able to do this on their own.

Question 5: What is the highest level of school that you have completed?

Chart 4



Two percent of respondents left school after completing primary school, sixty-two percent of respondents left school after completing secondary school and thirty-six percent of respondents completed college or university.

Question 6: Which locality do you currently live in?

Table 11 – Localities of Respondents

Suburb	Number of Respondents
Dalyellup	17
Capel	13
Boyanup	7
Gelorup	4
Peppermint Grove Beach	2
Stratham	2
Stirling Estate	1

The majority of respondents reside in Dalyellup, closely followed by Capel. Whilst every attempt was made to engage with all seniors in the Shire it would have been beneficial if more seniors from Peppermint Grove Beach and Boyanup were engaged since Peppermint Grove Beach, closely followed by Capel and Boyanup have the highest percentage of seniors in their localities (as documented in Table 3 – Age Profiles of Localities).

Question 7: How long have you lived in the Shire of Capel?

Table 12 – Length of Time Lived in Shire

Number of Years	Number of Respondents
0 - 5 years	11
6 - 10 years	6
11 - 15 years	12
16 - 20 years	3
21 - 25 years	3
26 - 30 years	3
31 plus years	7

Twenty-four percent of respondents have lived in the Shire for five or less years; fourteen percent of respondents have lived in the Shire for six to ten years; twenty-six percent of respondents have lived in the Shire for eleven to fifteen years; seven percent of respondents have lived in the Shire for sixteen to twenty years; seven percent of respondents have lived in the Shire for twenty-one to twenty-five years; seven percent of respondents have lived in the Shire of twenty-six to thirty years and fifteen percent of respondents have lived in the Shire for over thirty-one years. The shortest amount of time a respondent has lived in the Shire is eight months and the longest amount of time a respondent has lived in the Shire is fifty-eight years!

Question 8: How long have you lived in your current home?

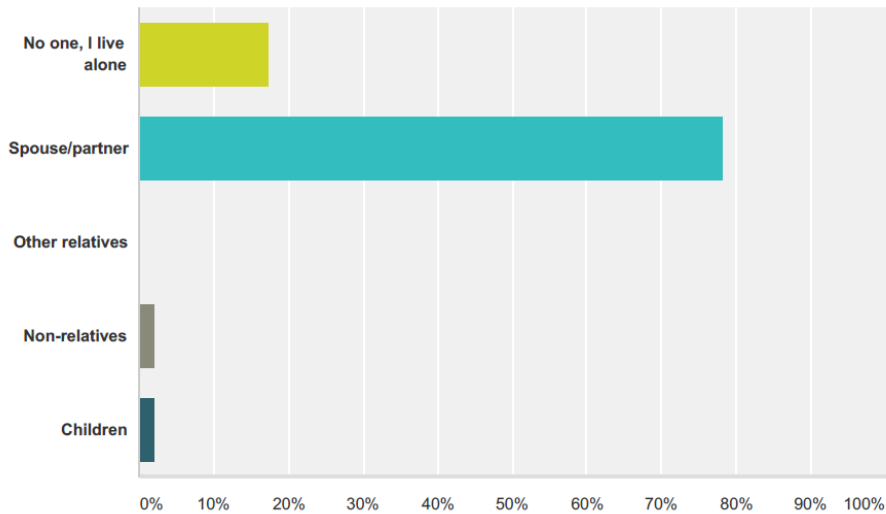
Table 13 – Length of Time Lived in Current Home

Number of Years	Number of Respondents
0 - 5 years	18
6 - 10 years	5
11 - 15 years	13
16 - 20 years	3
21 - 25 years	2
26 plus years	4

Forty percent of respondents have lived in their current home for five or less years; eleven percent of respondents have lived in their current home for six to ten years; twenty-nine percent of respondents have lived in their current home for eleven to fifteen years; seven percent of respondents have lived in their current home for sixteen to twenty years; four percent of respondents have lived in their current home for twenty-one to twenty-five years; and nine percent of respondents have lived in their current home for more than twenty-six years.

Question 9: Who lives in your home with you?

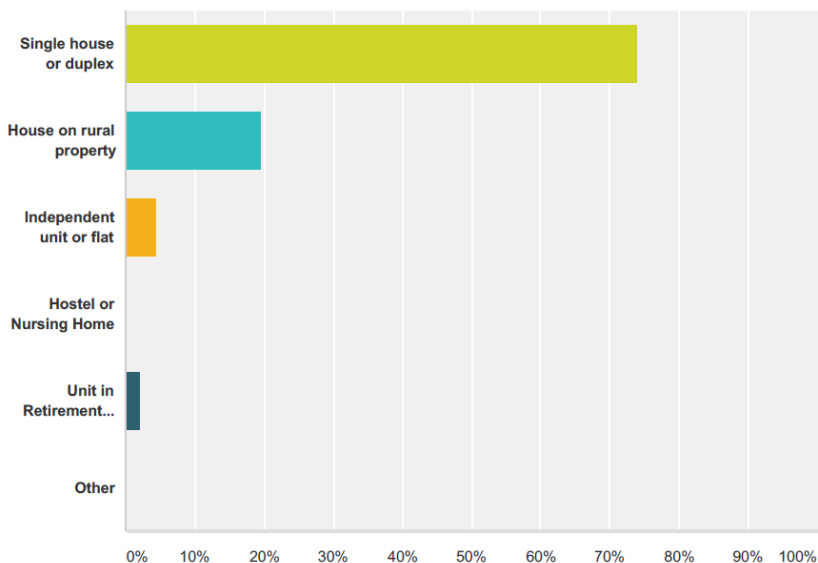
Chart 5



Eighteen percent of respondents live alone; seventy-eight percent live with their spouse/partner; two percent live with non-relatives and two percent live with their children.

Question 10: Which of the following best describes your current home/housing?

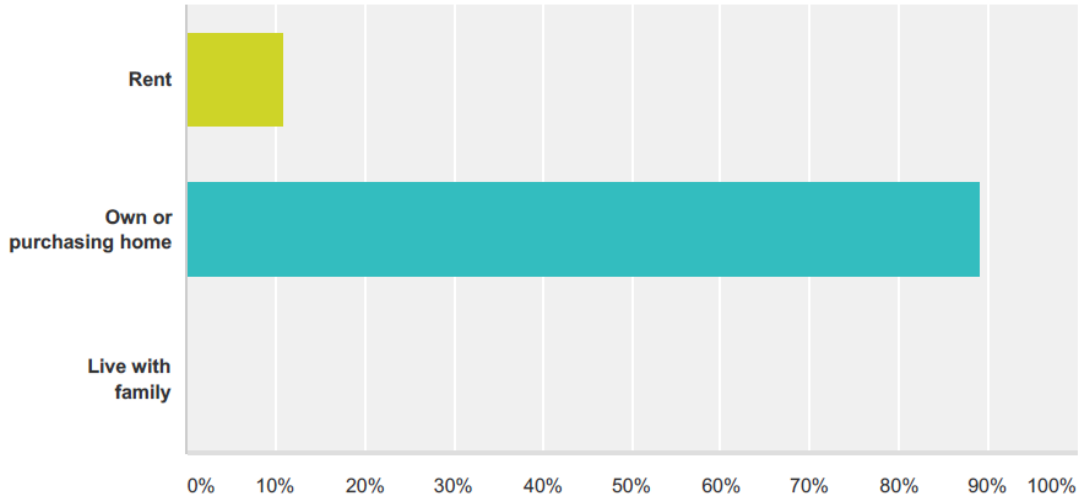
Chart 6



Seventy-four percent of respondents live in a single house or duplex; twenty percent of respondents live in a house on a rural property; five percent of respondents live in an independent unit or flat and two percent of respondents live in a retirement village.

Question 11: Do you own or rent your home?

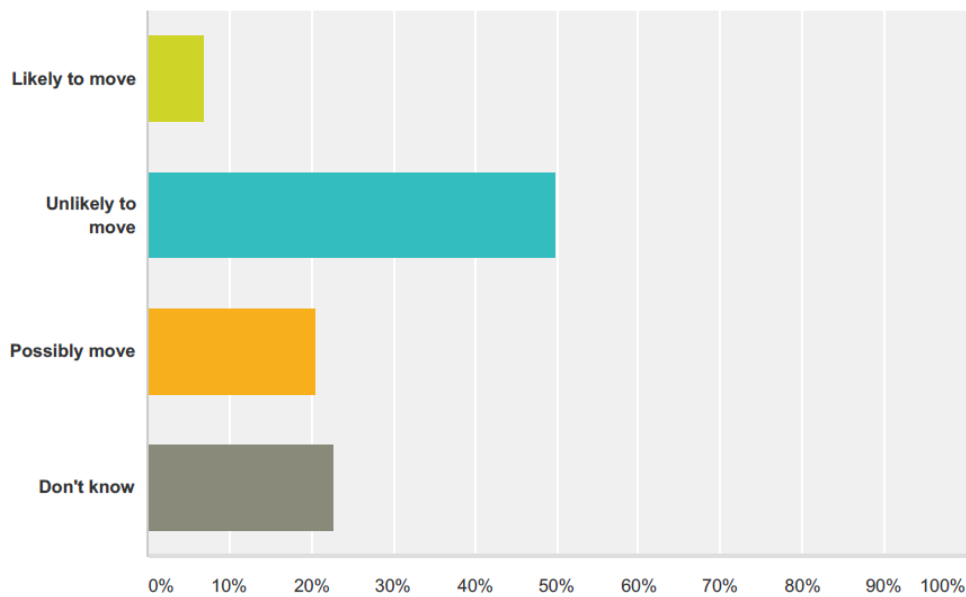
Chart 7



Eleven percent of respondents rent their own and ninety-nine percent of respondents either own or are purchasing their home.

Question 12: How likely are you to move from your current home in the next five years?

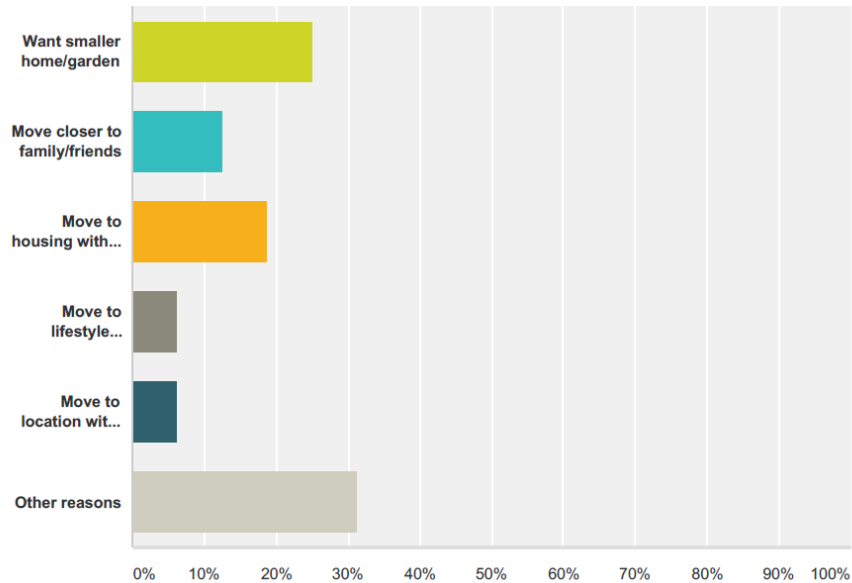
Chart 8



Seven percent of respondents are likely to move out of their current home in the next five years; fifty percent of respondents are unlikely to move; twenty percent of respondents will possibly move; and twenty-three percent of respondents were unsure.

Question 13: If it is likely or possible that you will move in the next five years, what is the main reason?

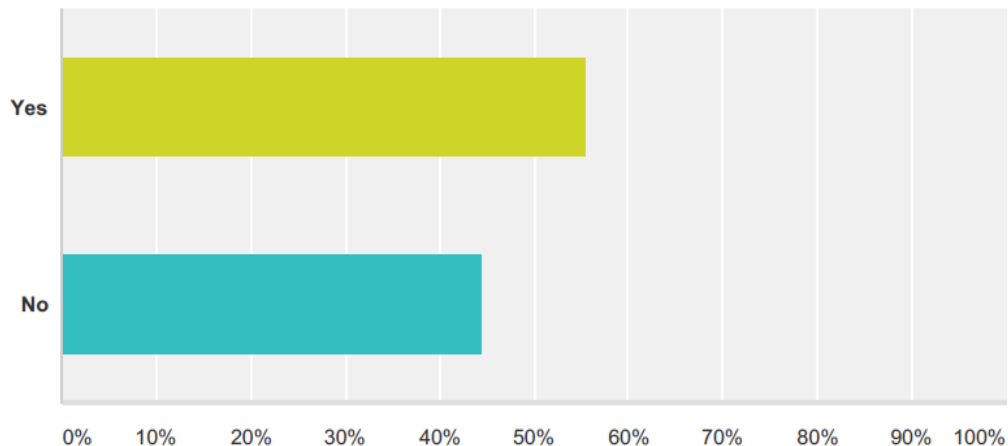
Chart 9



Twenty-five percent of respondents indicated that it is likely or possible that they will move because they want a smaller home/garden; thirteen percent of respondents indicated they want to move closer to family/friends; nineteen percent of respondents indicated they will move to housing with some care and support; six percent indicated they will move to a lifestyle village; six percent indicated they will move to a location with better facilities and services and thirty-one percent stated other reasons.

Question 14: If you are likely to move, do you plan to move out of the Shire?

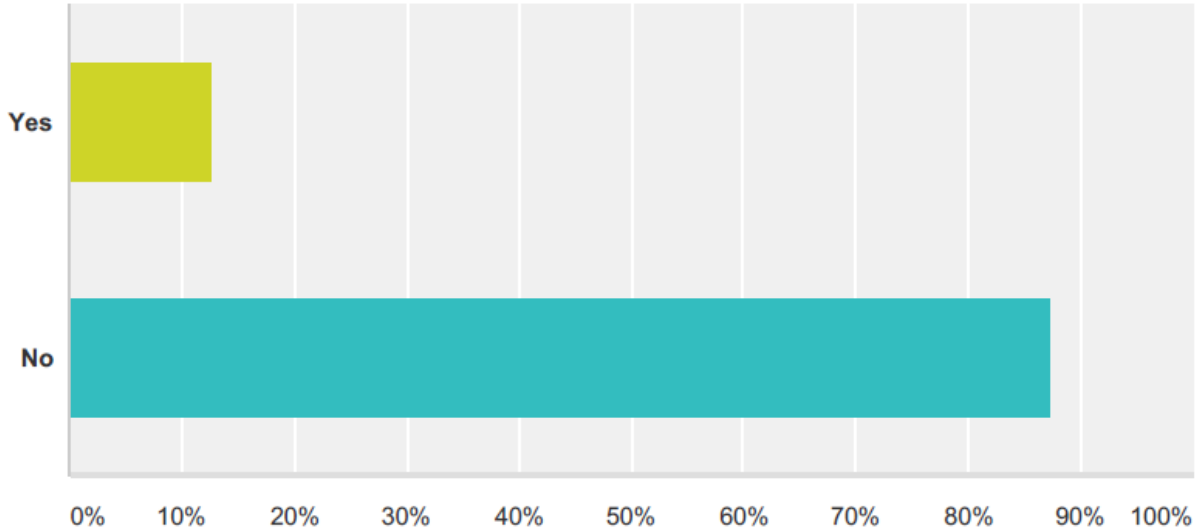
Chart 10



Fifty-six percent of respondents indicated they will move out of the Shire and forty-four percent of respondents indicated they would remain in the Shire. Quite a significant percentage of seniors will most likely move out of the Shire and this will be discussed later in this document.

Question 15: Are there any medical or support services that you need that you cannot access?

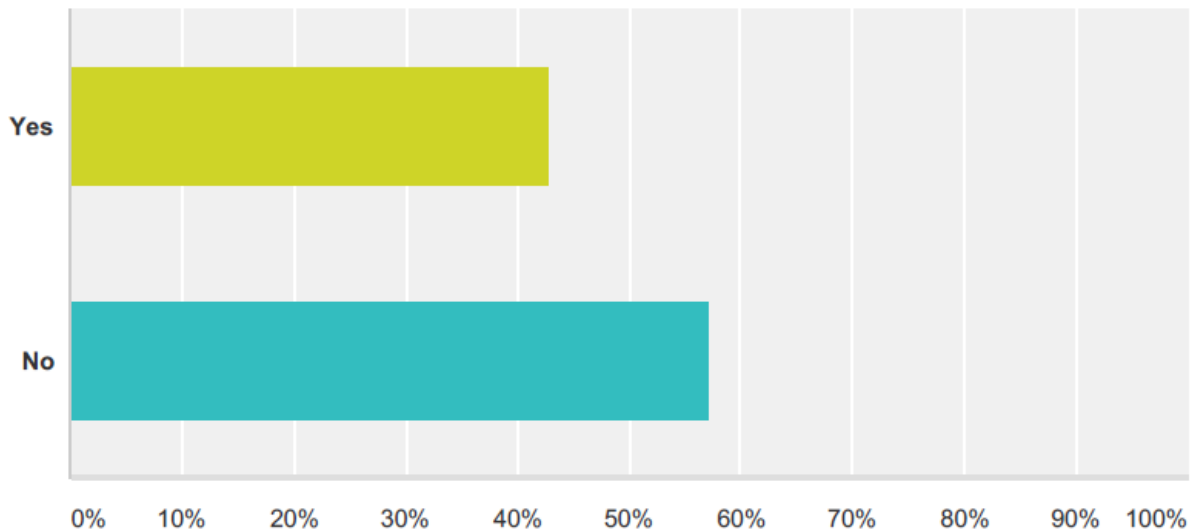
Chart 11



Thirteen percent of respondents indicated there are medical or support services they need and cannot access; and eighty-seven percent of respondents indicated they could access all the medical or support services they need.

Question 16: If you answered yes to the question above, was lack of transport the main reason?

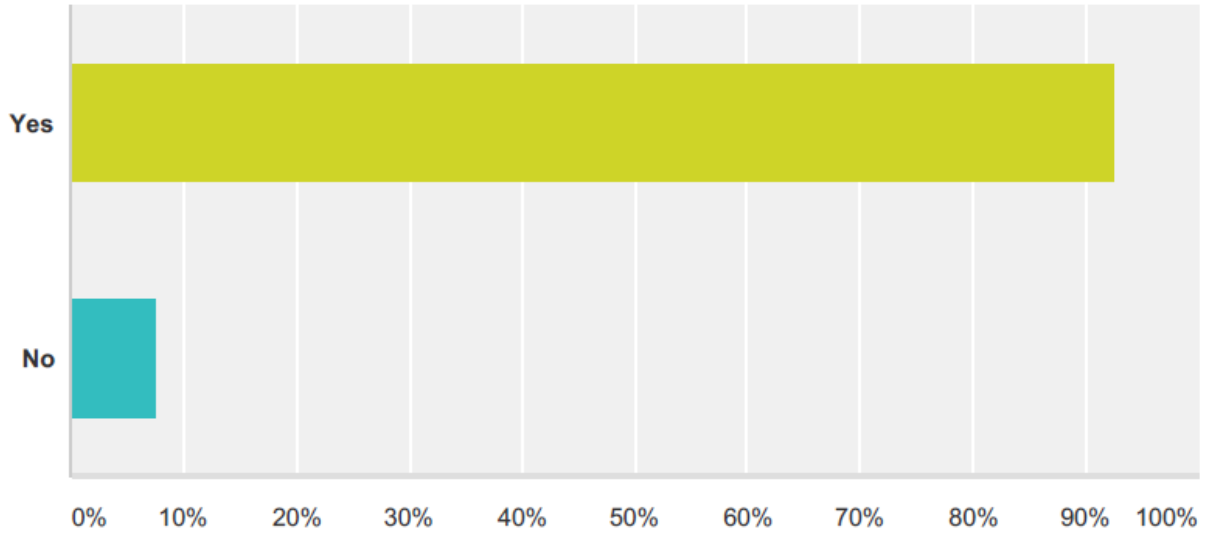
Chart 12



Forty-three percent of respondents indicated that transport is the main reason they cannot access all the medical and support services they need and fifty-seven percent of respondents indicated that transport was not the main reason.

Question 17: Do you know how to find out what services are available to you?

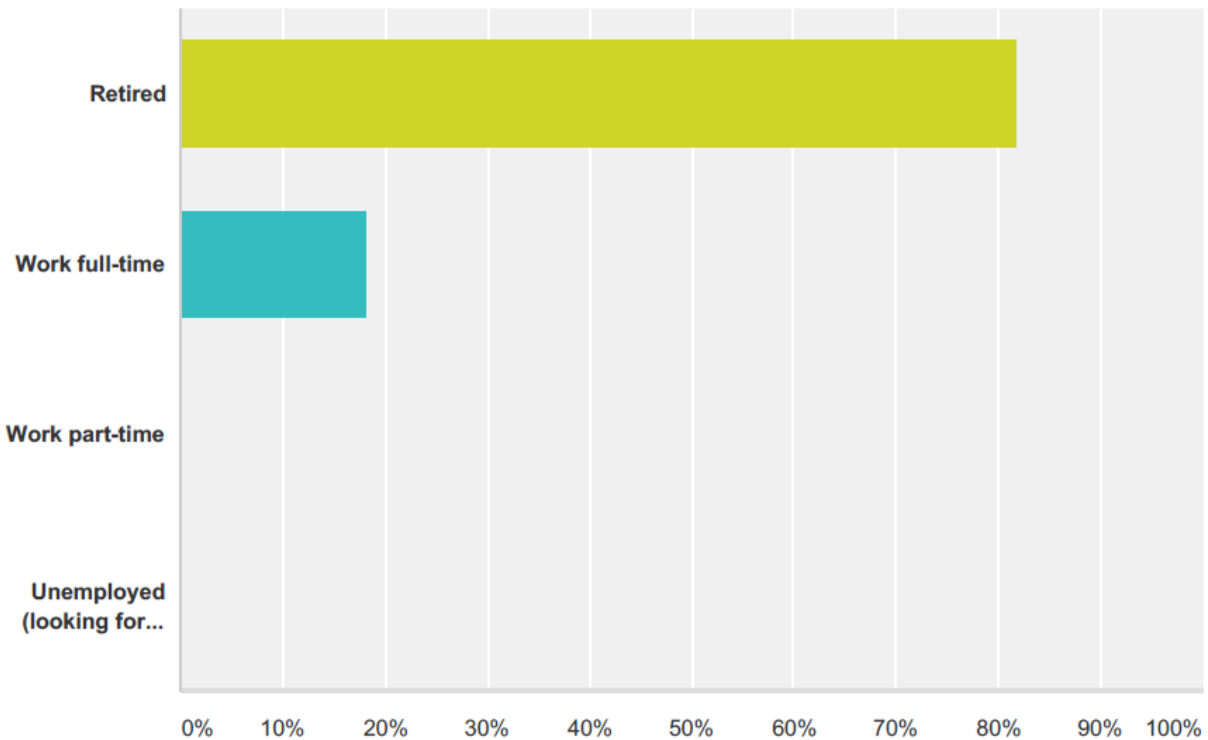
Chart 13



Ninety-three percent of respondents know how to find out what services are available to them and seven percent of respondents do not know.

Question 18: Which of the following best describes your employment status?

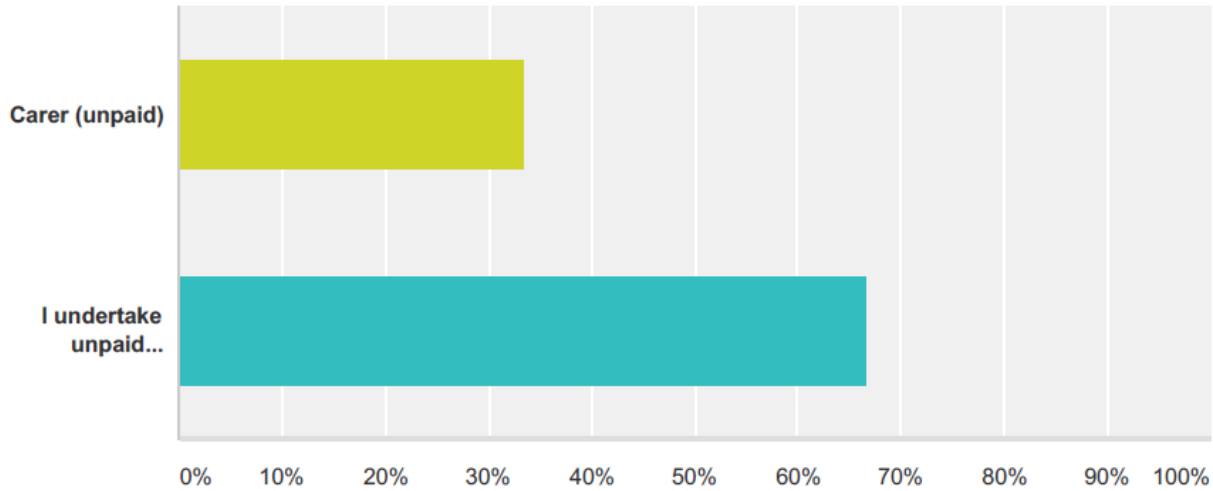
Chart 14



Eighty-two percent of respondents indicated they are retired and eighteen percent indicated they work full-time. It is interesting to note that no respondents indicated they work part-time.

Question 19: Which of the following best describes your secondary occupation (if you have one)?

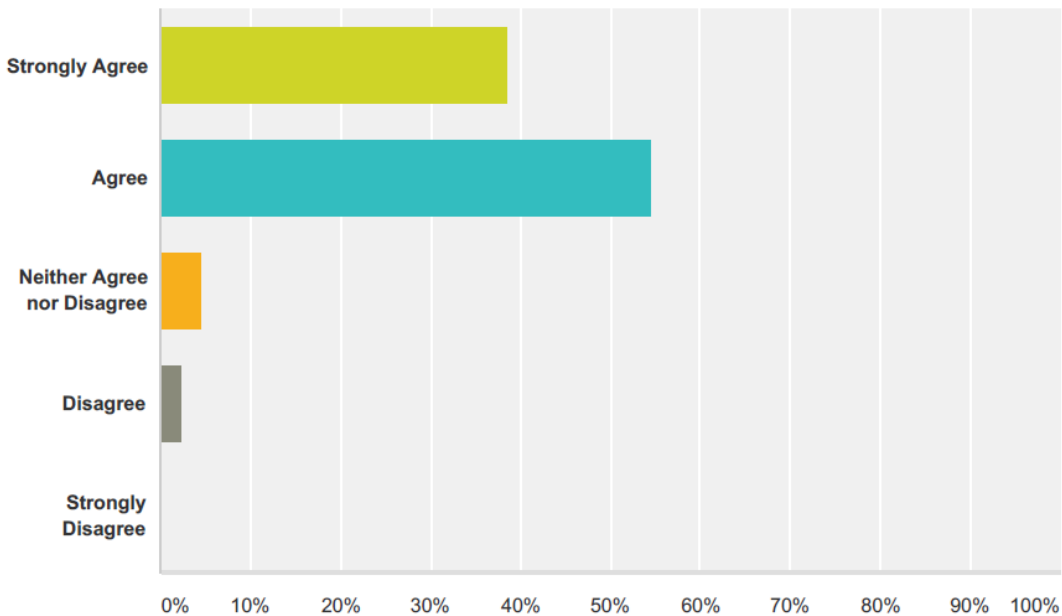
Chart 15



Thirty-three percent of respondents who answered this question indicated they are an unpaid carer and sixty-seven percent of respondents indicated they undertake unpaid voluntary work. Fifty-four percent of respondents skipped this question.

Question 20: I feel welcome in my local community

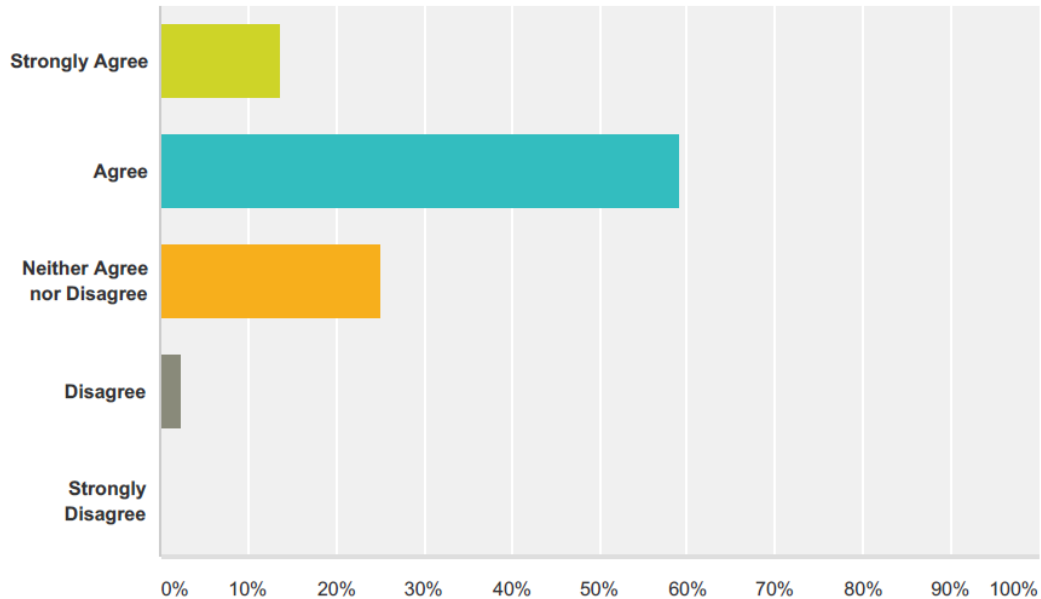
Chart 16



Ninety-four percent of respondents feel welcome in their local community, two percent of respondents do not feel welcome in their local community and four percent of respondents were unsure.

Question 21: My local community appreciates and supports people as they age

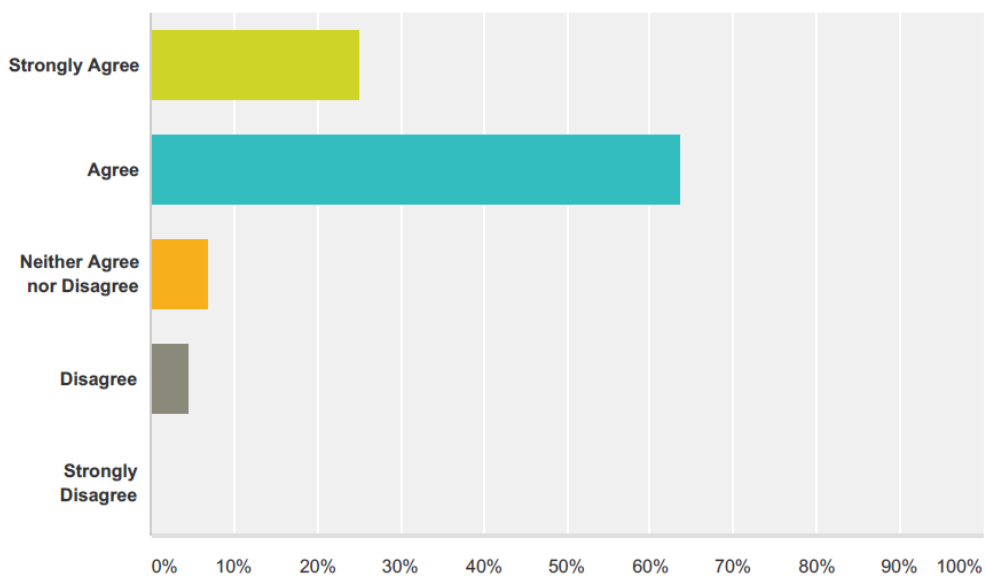
Chart 17



Seventy-three percent of respondents believe their community appreciates and supports people as they age, two percent of respondents do not believe their community appreciates and supports people as they age and twenty-five percent of respondents were unsure.

Question 22: I feel socially and emotionally secure in my local community

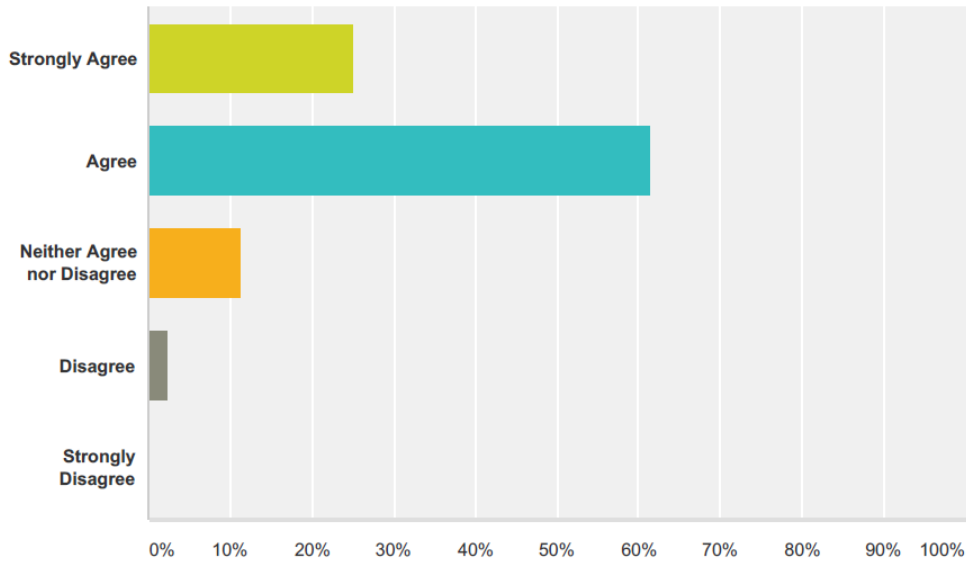
Chart 18



Eighty-nine percent of respondents indicated they feel socially and emotionally secure in their local community, five percent of respondents indicated they do not feel socially and emotionally secure in their local community and seven percent of respondents were unsure.

Question 23: There are opportunities to participate in social, recreation, cultural or spiritual activities in my local community

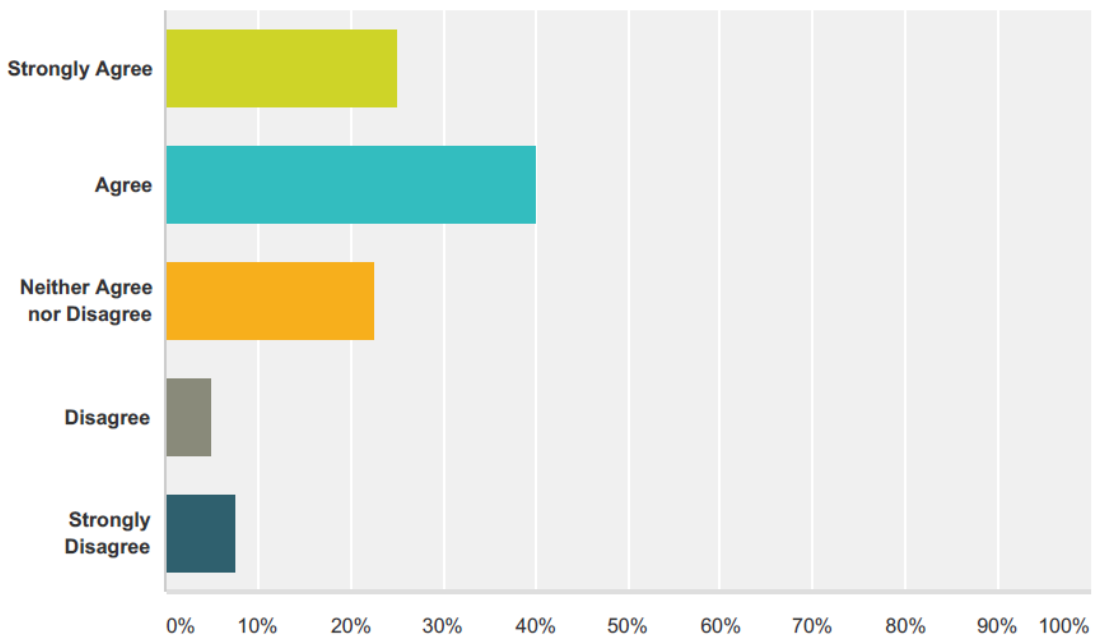
Chart 19



Eighty-six percent of respondents believe there are opportunities to participate in social, recreation, cultural or spiritual activities in their local community, three percent of respondents believe there are no opportunities to participate in social, recreational, cultural or spiritual activities in their local community and eleven percent of respondents were unsure.

Question 24: I actively participate in volunteer work in my community

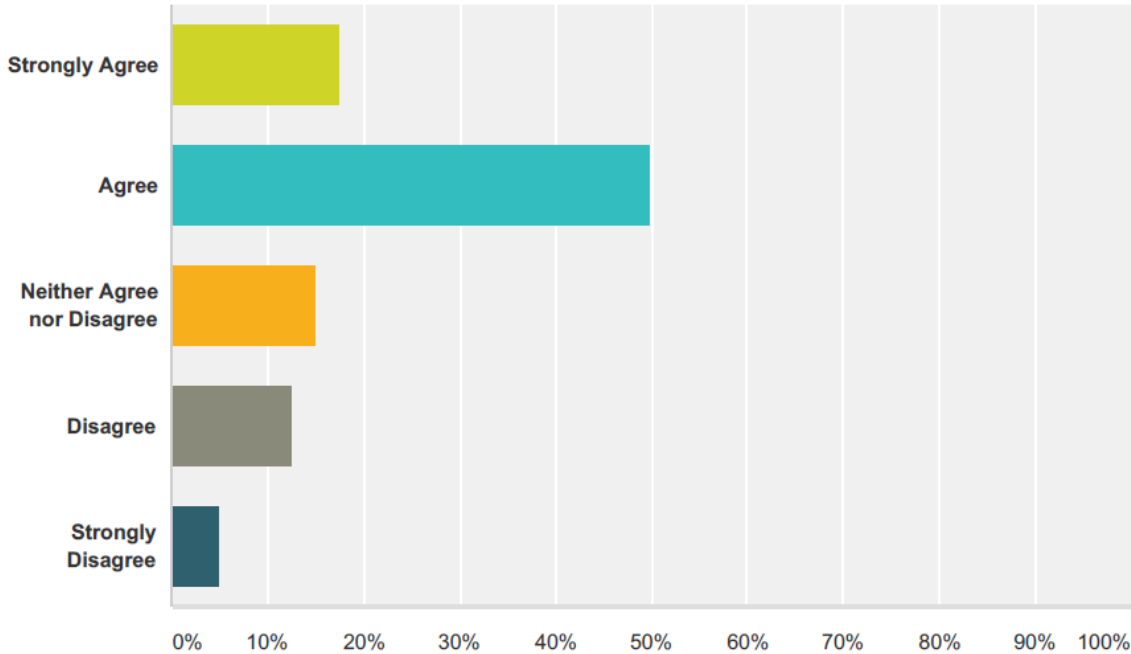
Chart 20



Sixty-five percent of respondents actively participate in volunteer work in their community, thirteen percent of respondents do not actively participate in volunteer work in their community and twenty-two percent of respondents were unsure.

Question 25: I am a member of a local community group or participate in local affairs

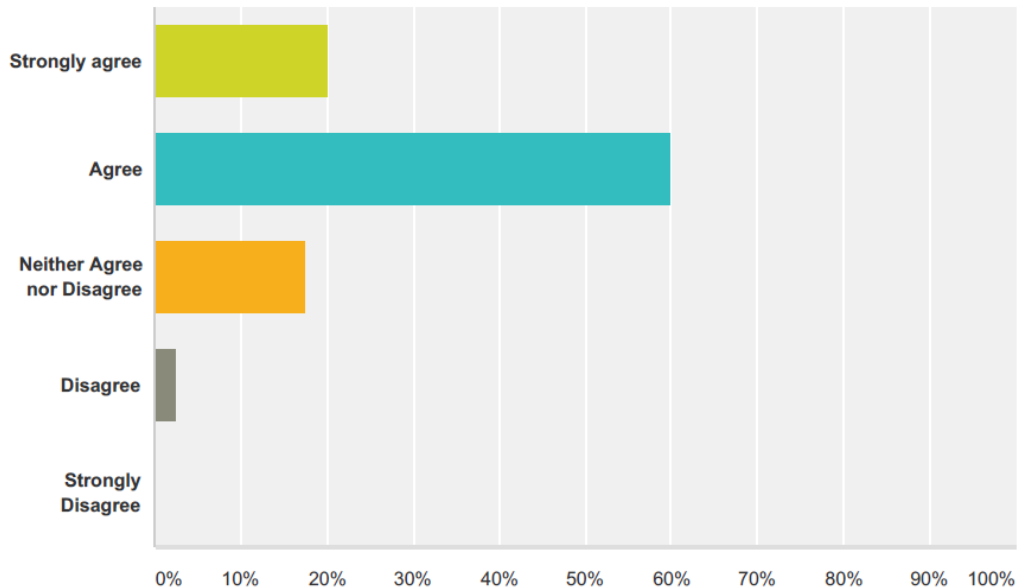
Chart 21



Sixty-eight percent of respondents are members of local community groups or participate in local affairs, seventeen percent of respondents are not members of local community groups and fifteen percent of respondents were unsure.

Question 26: My local community is a good one to grow old/retire in

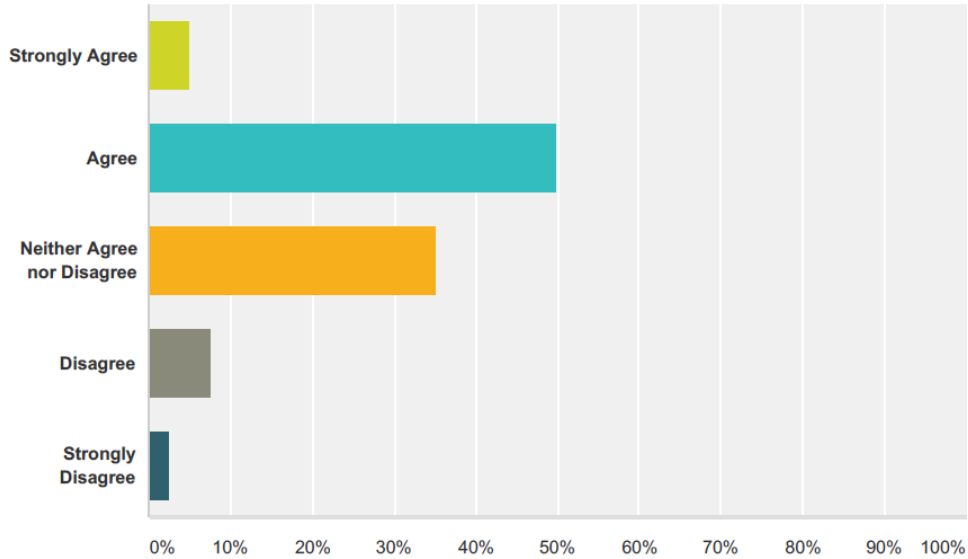
Chart 22



Eighty percent of respondents believe their community is a good one to grow old/retire in, three percent of respondents do not believe their community is a good one to grow old in and seventeen percent of respondents were unsure.

Question 27: The Shire supports or provides adequate services for residents as they age

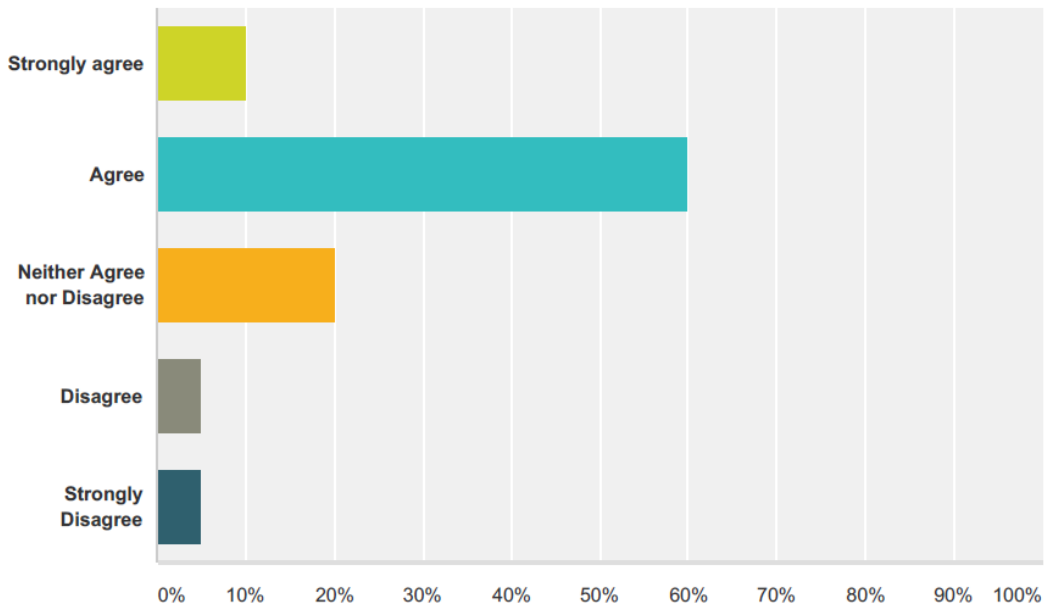
Chart 23



Fifty-five percent of respondents believe the Shire supports or provides adequate services for residents as they age, ten percent of respondents do not believe the Shire supports or provides adequate services for residents as they age and thirty-five percent of respondents were unsure.

Question 28: I feel safe in my local community (e.g. from crime)

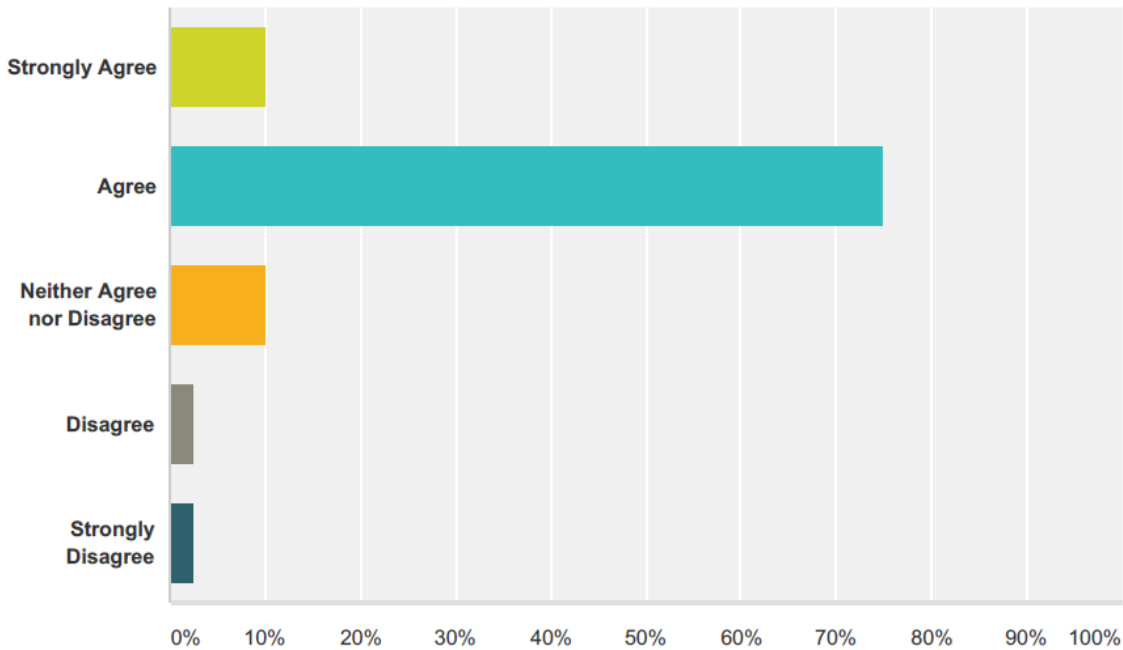
Chart 24



Seventy percent of respondents feel safe in their local community, ten percent of respondents do not feel safe in their local community and twenty percent are not sure.

Question 29: My local community has a positive future

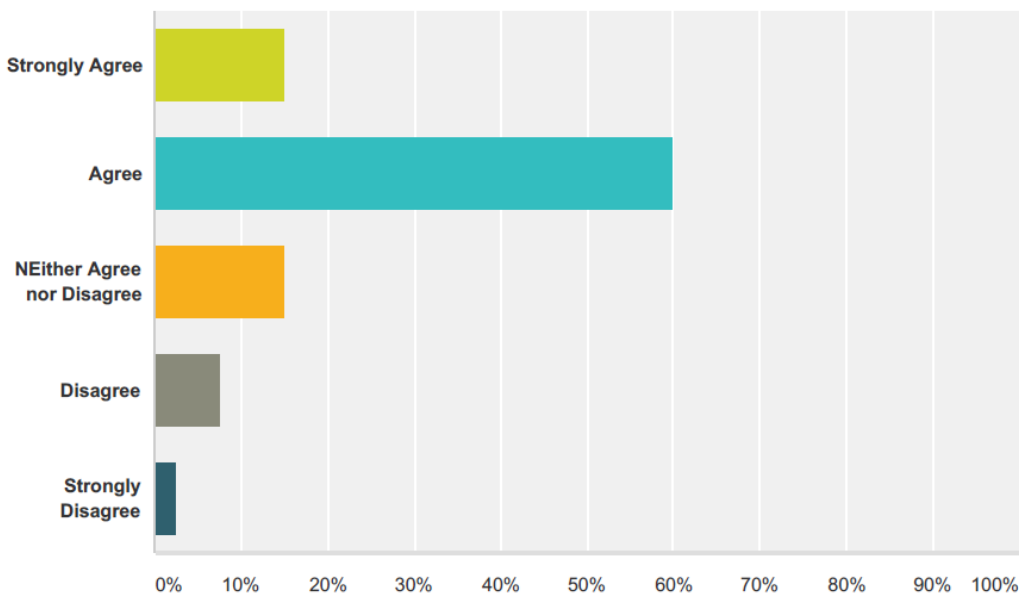
Chart 25



Eighty-five percent of respondents believe their community has a positive future, five percent of respondents do not believe their community has a positive future and ten percent of respondents were unsure.

Question 30: I can remain in my local community as I grow old

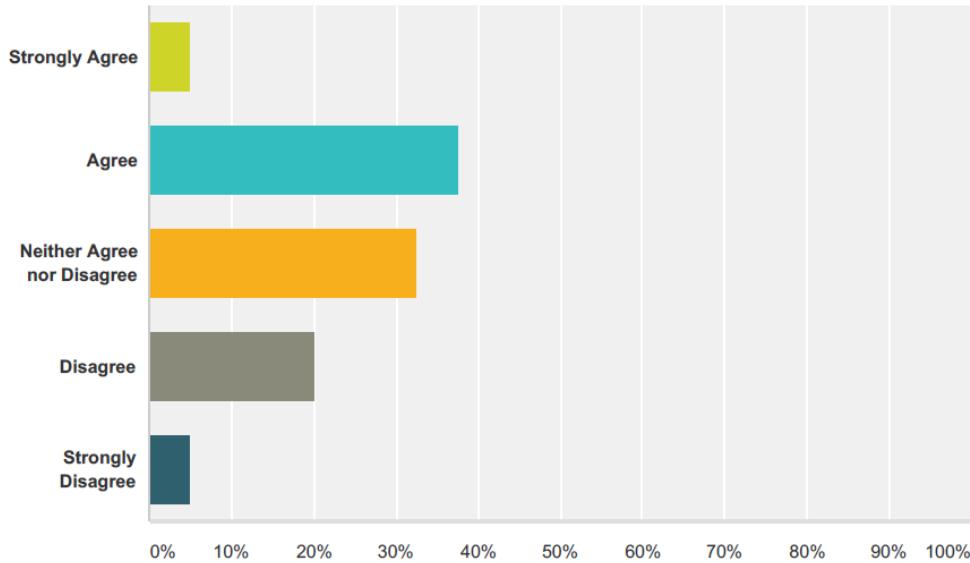
Chart 26



Seventy-five percent of respondents indicated they can remain in their local community as they grow old, ten percent of respondents indicated they cannot remain in their local community as they grow old and fifteen percent of respondents were unsure.

Question 31: My local community has all of the services that I think I will need as I age

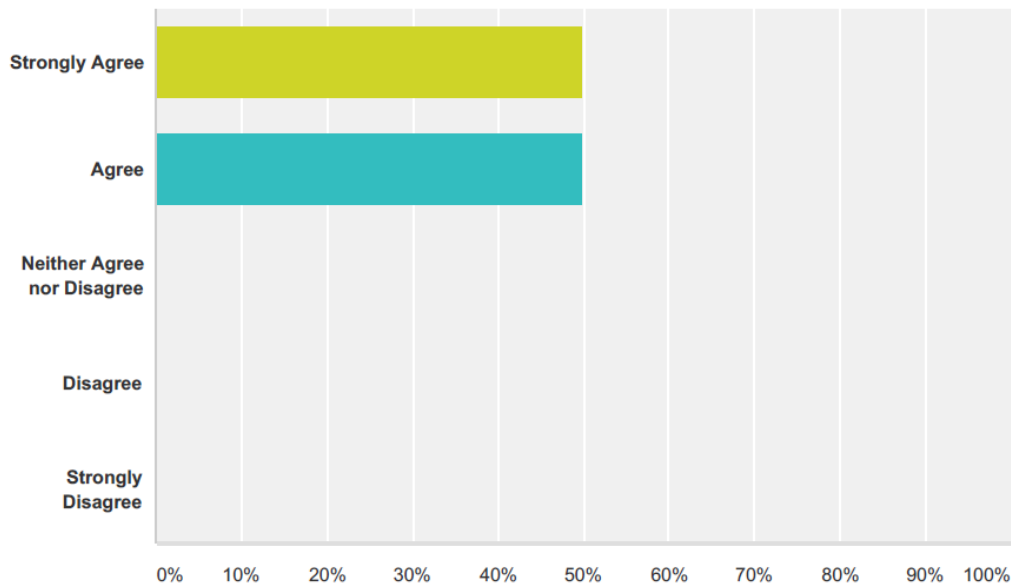
Chart 27



Forty-three percent of respondents indicated that their community has all of the services they think they will need as they age, twenty-five percent of respondents indicated that they do not think their local community has all of the services they think they will need as they age and thirty-two percent of respondents were unsure.

Question 32: I want to maintain my independence in my home for as long as I can

Chart 28



One hundred percent of respondents indicated they want to maintain their independence in their home for as long as they can.

Question 33: Please list three things that you most like about your local community

Table 14 – Things Respondents Like About Their Local Community

	No of Respondents	1	2	3	4	5	6	7	8	9	10	11	12
Country Lifestyle		1	1	1	1	1	1	1	1	1	1	1	1
Friendly People		1	1	1	1	1	1	1	1	1			
Medical Services Nearby		1	1	1	1	1	1	1	1	1			
Shops		1	1	1	1	1	1	1	1	1			
Parks, Lakes and Beaches		1	1	1	1	1	1	1					
Peace and Quiet		1	1	1	1	1	1						
Community Interaction		1	1	1	1	1	1						
Close to Regional Cities		1	1	1	1	1							
Safety		1	1	1	1								
Good Amenities and Facilities		1	1	1	1								
Good Neighbours		1	1	1									
Dalyellup Over 50s Group		1	1	1									
Exercise Groups		1	1	1									
Environment		1	1										
Open Space		1	1										
Family Close By		1	1										
Climate		1	1										
Minimal Traffic		1	1										
Recreation and Social Opportunities		1	1										

Things that only one respondent listed were: Stress free; has potential to grow; safe cycling; Capel Senior Citizens’ Centre; footpaths; libraries; dual highway to Bunbury; mostly clean and tidy and long term residents.

Question 34: Please list three things that you would like to see changed in your local community to make it a better place to live in as you age

Table 15 – Things Respondents Would Like to See Changed in Their Local Community

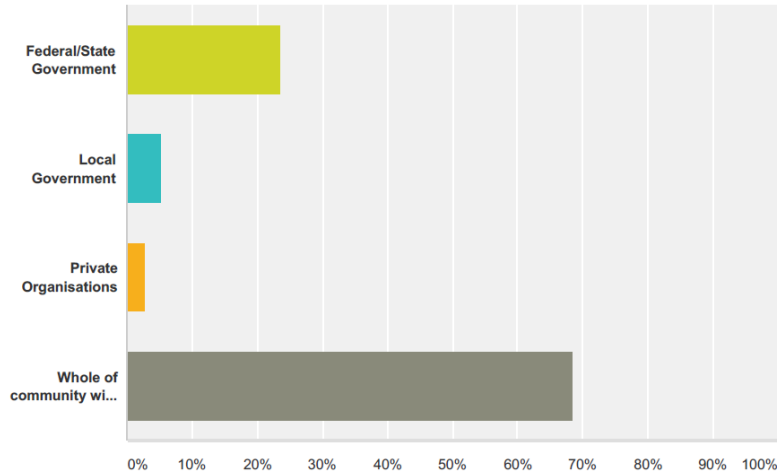
	No of Respondents	1	2	3	4	5	6	7	8	9
Public Transport		1	1	1	1	1	1	1	1	1
Police Presence		1	1	1	1	1	1	1		
Variety of Retirement Accommodation		1	1	1	1	1	1			
Less Illicit Drug Use		1	1	1	1	1				
Better Footpaths		1	1	1	1					
Home Care Easily Accessible		1	1	1	1					
Less Hooning		1	1	1	1					
More Shops		1	1	1	1					
Crosswalk on South West Highway		1	1							
Better Street-Scaping		1	1							
More Retirement Facilities		1	1							
Better Dog Control		1	1							
Caravans Removed from Verges		1	1							
Bus Shelters		1	1							
Mosquito/Insect Control		1	1							
Petrol Station in Boyanup		1	1							
More Shire run Outings		1	1							
Difficulty Entering and Crossing Bussell Highway		1	1							
Improve Arterial Roads		1	1							

Things that only one respondent listed were: People taking more pride in their homes and area; better library; better path connectivity; more shade in walk areas; more medical facilities; purpose built seniors’ activity centre in Dalyellup; noise

reduction from cars and parties; more information pamphlets about what is available in the community; traffic lights at corner of Wake Drive and Norton Promenade; more social events; better wheelchair access to some shops; community gardens; people parking on footpaths and verges; stop speeding up Hasties Road; stricter cat laws; less vandals; surf club; local op shop/social service for the aged; ATM in Boyanup; slightly extended burning period; and improved sports centre in Boyanup.

Question 35: Who should be responsible for caring for people in the local community as they age?

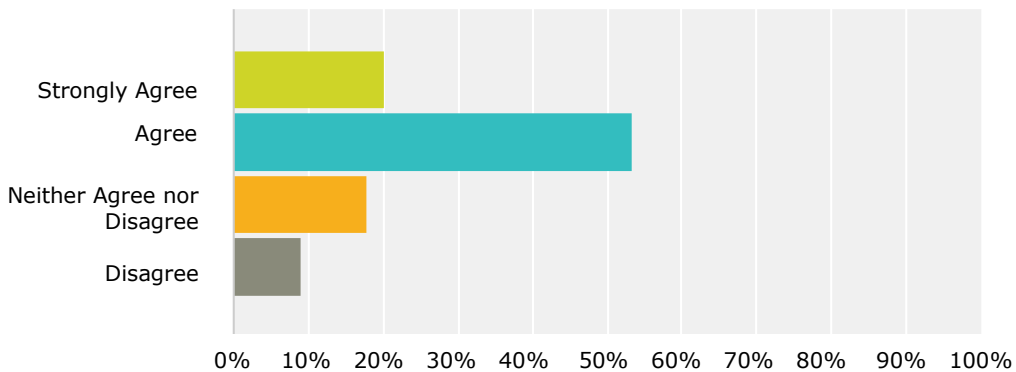
Chart 29



Twenty-four percent of respondents indicated that Federal/State Government should be responsible for caring for people as they age; five percent of respondents indicated that Local Government should be responsible; three percent of respondents indicated that private organisations should be responsible; and sixty-eight percent of respondents indicated that the whole of community with government funding should be responsible for caring for people in the local community as they age.

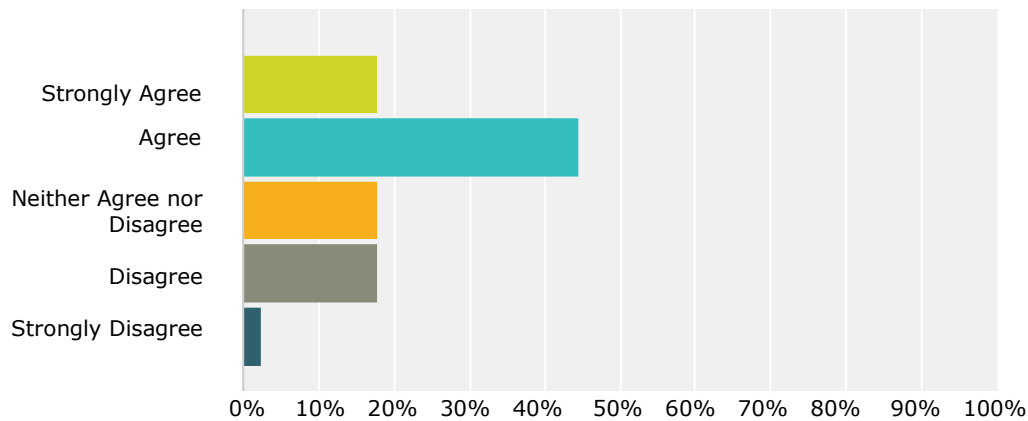
Question 36: The following services are adequate and accessible:

Chart 30 – Outdoor Spaces



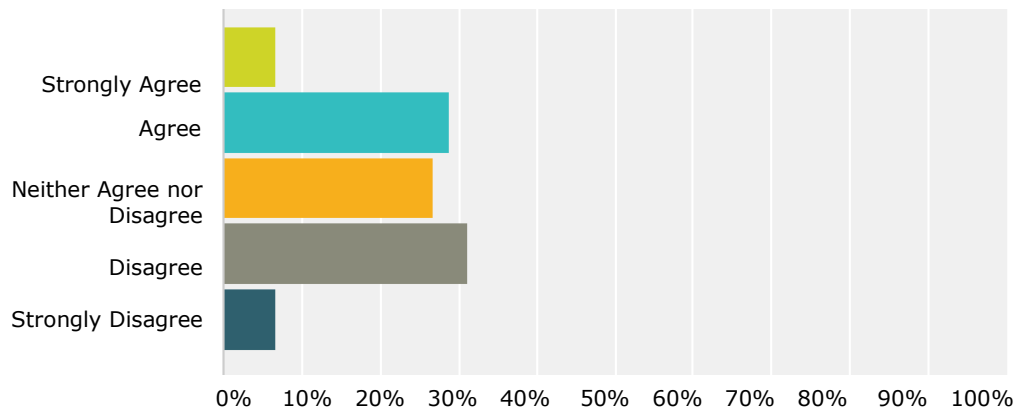
The outside environment and public buildings have a major impact on the mobility, independence and quality of life of people as they age. Seventy-three percent of respondents indicated that outdoor spaces are adequate and accessible; nine percent of respondents indicated that outdoor spaces are not adequate and accessible; and eighteen percent of respondents were unsure.

Chart 31 – Retail & Commercial



Sixty-two percent of respondents indicated that retail and commercial services are adequate and accessible; twenty percent of respondents indicated that retail and commercial services are not adequate and accessible; and eighteen percent of respondents were unsure.

Chart 32 – Public Transport

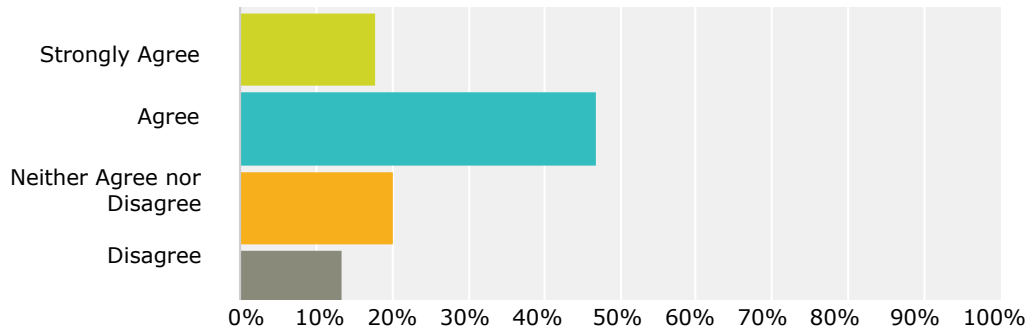


Access to transportation, including accessible and affordable public transport, is a key factor influencing active ageing. The lack of public transport and access to transport for people as they age was one of the main issues raised in the survey and is considered one of the most significant barriers to the Shire of Capel being an age-friendly community. Thirty-six percent of respondents indicated that public transport is adequate and accessible; thirty-eight percent of respondents indicated that public transport is not adequate and accessible and twenty-six percent of respondents were unsure.



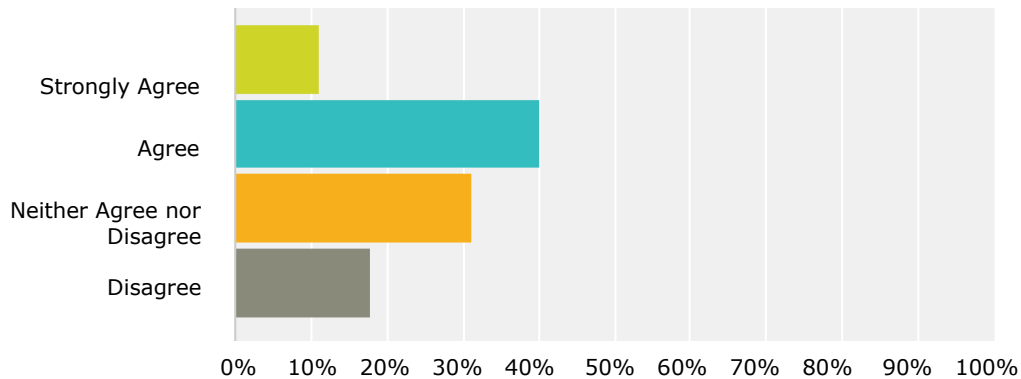
Figure 8 - Robin Franklin & Gaye Widmer

Chart 33 – Footpaths & Walk Trails



Sixty-five percent of respondents indicated that footpaths and walk trails are adequate and accessible; fifteen percent of respondents indicated that footpaths and walk trails are not adequate and accessible and twenty percent of respondents were unsure.

Chart 34 – Suitable Housing



Fifty-one percent of respondents indicated that housing is adequate and accessible; eighteen percent of respondents indicated that housing is not adequate and accessible; and thirty-one percent of respondents were unsure.

Over the past seven years, the Shire has been working with Developers in actively pursuing the development of aged-housing units in Dalyellup, Capel and Boyanup. Bethanie Dalyellup was officially opened in October 2011 and offers quality apartment housing that is affordable and well appointed. Bethanie manages 104 one and two bedroom apartments. Residents live well with features and fittings that include: full sized kitchen; gas stove and hot water system; air conditioning; generous closet space; balcony and laundrette. In addition, the apartments offer residents access to a variety of extra amenities and social opportunities. Bethanie Dalyellup includes a function room, full size laundry (with washers and dryers), games areas, plus comfortable lounge rooms with LCD televisions and tea/coffee facilities. Should residents require assistance in their homes, this is available and is provided by Bethanie Community.



Figure 9 - Dalyellup Bethanie Housing

Access Housing developed 17 seniors' villas in Capel and these were officially opened in August 2013. Access Housing is a non-government not-for-profit social and affordable provider of community housing. Their tenants include seniors and people with disability. In addition to affordability, Access Housing provide security of tenure and a range of support through partnerships with community service and government agencies. The two bedroom villas were designed and built specifically as affordable housing for seniors in Capel. The complex is an Access Housing funded project which received a generous grant from Royalties for Regions towards construction undertaken on crown land. The Shire of Capel supported the transfer of the management order over the land to Access Housing to enable the project to proceed. Access Housing was able to ensure the units remained affordable and specific to the needs of seniors. This project has allowed elderly residents to remain in Capel where their friends and community networks exist, rather than being forced to move to larger centres.



Figure 10 - Access Housing Units in Capel

Access Housing has also recently developed over 55's housing for the site at 9 Thomas Street Boyanup. The previous housing site at 9 Thomas Street had three units plus approximate development capacity for an additional 9 homes. Access Housing constructed the additional nine villas, being 6 x 2 bedroom units and 3 x 2 bedroom units. The three previous units were also upgraded.



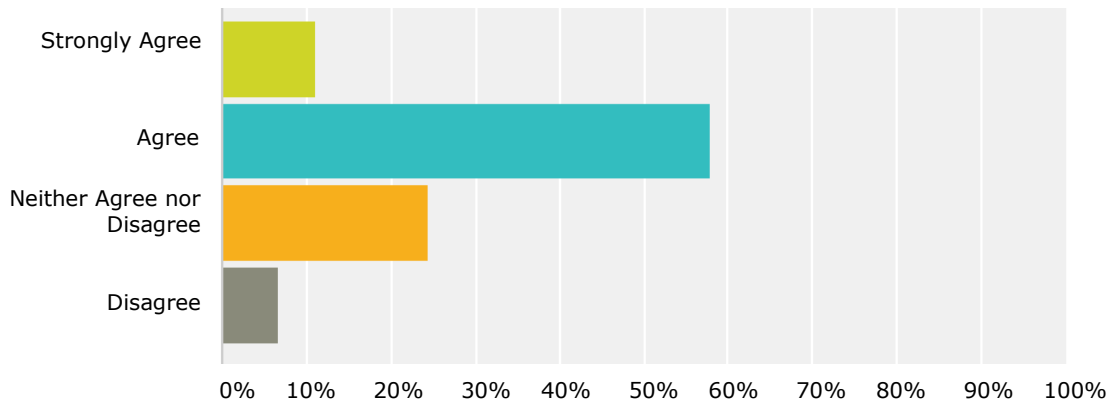
Figure 11 - Access Housing Units in Boyanup

The other project being undertaken is the Meadowbrooke Lifestyle Village at the old Meadowbrooke farm site in Turner Street, Boyanup. This project involves approximately 125 units and the developers are aiming to provide 'affordable housing'. This development will have significant open space as it adjoins the Preston River.



Figure 12 - Meadowbrooke Lifestyle Village in Boyanup

Chart 35 – Information about Services

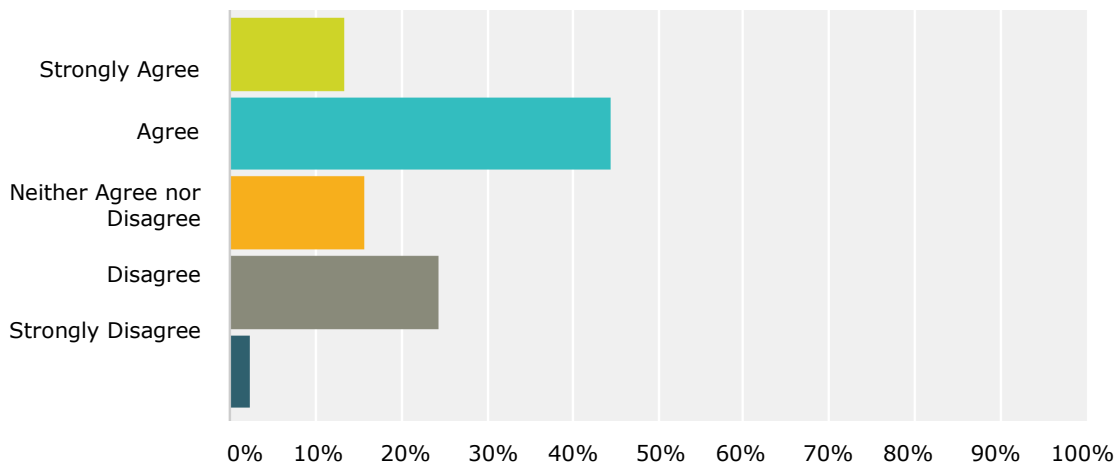


Staying connected with events and people and getting timely, practical information to manage life and meet personal needs is vital for active ageing.

Sixty-nine percent of respondents indicated that information about services and events is adequate and accessible; seven percent of respondents indicated that information is not adequate and accessible; and twenty-four percent of respondents were unsure.

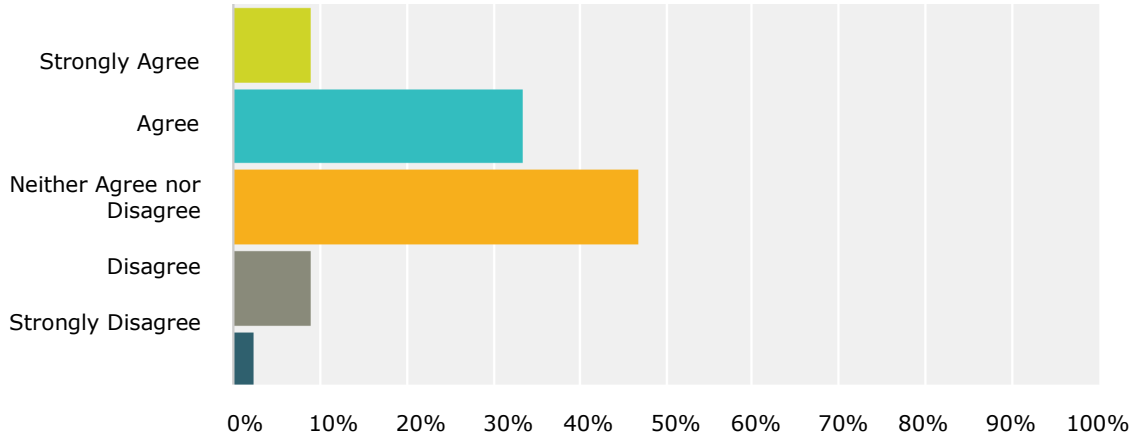
Many respondents indicated a heavy reliance on local newspapers for information on events and services. Specific publications mentioned were the *Boyanup Post, Gazette, Capel Courier, Peppy Grove Bulletin*, the free *Bunbury Herald* and *Bunbury Mail* and *Shire Seniors' Link* newsletter. Given that several of the location specific publications were only issued on a monthly basis they were not always useful in obtaining timely information on some matters.

Chart 36 – Medical & Support Services



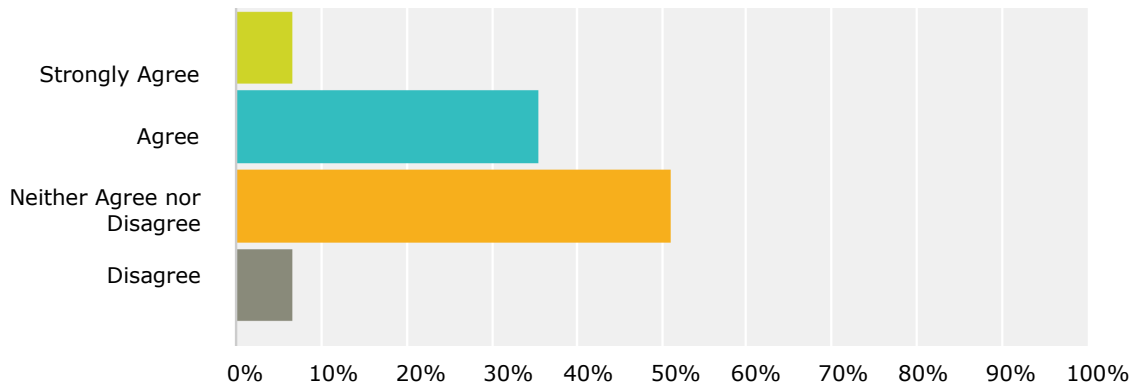
Fifty-eight percent of respondents indicated medical and support services are adequate and accessible; twenty-six percent of respondents indicated medical and support services are not adequate and accessible; and sixteen percent of respondents were unsure.

Chart 37 – Shire Support



Forty-two percent of respondents indicated that Shire support in the management of services for the aged is adequate and accessible; eleven percent of respondents indicated that Shire support is not adequate and accessible; and forty-seven percent of respondents were unsure.

Chart 38 – Community Support

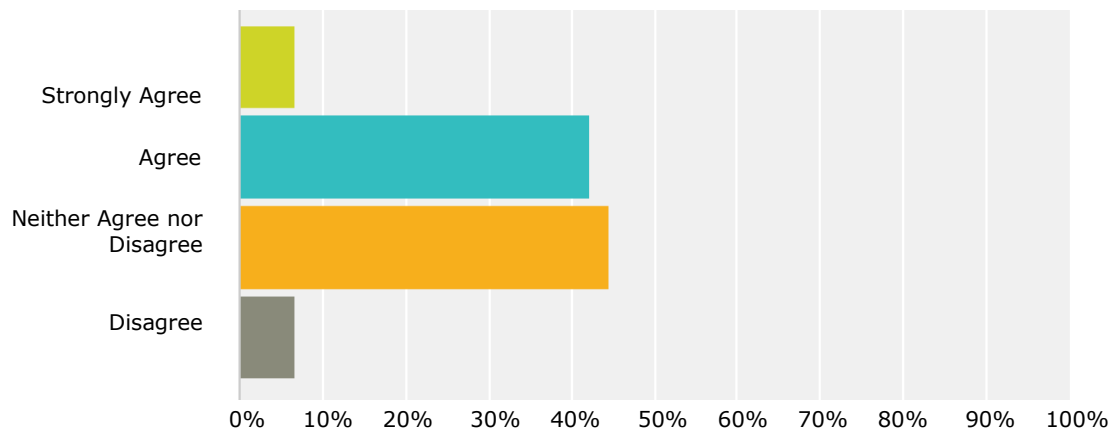


Forty-two percent of respondents indicated that community support in the management of services for the aged is adequate and accessible; seven percent of respondents indicated that community support is not adequate or accessible; and fifty-one percent of respondents were unsure.

Social participation and social support are strongly connected to good health and well-being throughout life. Participating in leisure, social, cultural and spiritual activities in the community, as well as with the family, allows seniors to continue to exercise their competence, to enjoy respect and esteem, and to maintain or establish supportive and caring relationships.

The comments from all focus groups across the Shire indicated that there were a lot of opportunities for older people to participate in social activities in their localities. Most thought that these were conveniently located and held often enough with one group commenting that there was not enough time to be involved in everything that was available. Many of the activities were organised by small informal groups (Dalyellup Over 50s, Boyanup Seniors, Capel & Districts Garden Club, Capel Senior Citizens and Community Management Committees) and these groups often fund-raised too for local causes (e.g. Boyanup ambulance).

Chart 39 – In-Home Support



Health and community support services are vital to maintaining health and independence in the community and there are a range of health, personal care, assistance with shopping, housekeeping, transport and social contact services available across the district to support older people to remain in their homes as they age.

There are a wide range of services to support independent living in the community, but finding out about them or accessing them can be time consuming, difficult and confusing. The Australian Government has established a network of Commonwealth Respite & Carelink Centres around Australia. Centres provide a link to and information about a wide range of community, aged care and support services available locally or across Australia, including services for older people, people with a disability, and those who provide care and services. Centres can also assist carers with options to take a break through short-term and emergency respite services, based on assessed need, and provide advice on and coordinate access to respite services in a carer's local area.

Commonwealth Respite and Carelink Centres provide a single point of contact for the general public, service providers, general practitioners and other health professionals for information on community, aged and disability services and carer support. The Centres can also assist with information about costs for services, assessment processes and eligibility criteria. Each Centre has extensive regional networks and maintains a comprehensive database containing community aged care, disability and other support services. This regional focus enables each Centre to develop an awareness of the entire range of services available, to establish networks with local providers and ensure information is up to date.

The Home & Community Care (HACC) Program provides basic support services to some older people, people with a disability and their carers to assist them to continue living independently at home. This includes:

- Support to participate in social activity in a group or one-on-one;
- Assistance with everyday household tasks;
- Assistance to enhance nutrition, function, strength, independence and safety;
- Assistance to support your independence in your personal care activities such as showering and dressing; and

- Assistance to keep up with essential activities such as shopping, banking and maintaining social contacts.

HACC is designed to assist people with the greatest need and aims to maximise people's independence. You may be eligible for HACC if you:

- Are older and frail and having difficulty with everyday tasks;
- Have a disability;
- Are the carer of a frail older person or someone with a disability.

HACC eligibility is determined by a person's ongoing need. Assessors from the Regional Assessment Service (RAS) visit prospective clients at their home and assess the client's ability to stay living independently in their home. Level of service need is determined, and sometimes more service than what HACC can provide is required so they are linked to an Aged Care Package provider, for their services. The overarching philosophy of HACC is to prevent premature placement in residential care facilities. Assessors also consider what other supports, such as family and friends, are available to prospective clients.

Morrissey Homestead Incorporated is a HACC funded organisation, and as such is guided by the Commonwealth Respite & Carelink Centres and the Regional Assessment Services (RAS) to determine eligibility. Morrissey Homestead Incorporated provides the following services:

- Morrissey Day Respite Service;
- Leschenault Day Respite Service;
- Men's Group – designed for men who need additional support or provision of resources to continue to fulfil their hobbies in a fellowship environment;
- Lady's Day – ladies are taken out for the day to specific places of interest;
- Italian Group – enjoy a day of music and laughter whilst participating in a variety of activities and traditional games;
- Happy Wanderers – allows clients the opportunity to visit wineries, art fairs and festivals in a supported environment whilst socialising and having fun;
- Social Support – assistance with shopping, doing the banking, paying the bills or simply for a chat and a cup of tea;
- Transportation – assistance with transport to appointments and shopping; and
- Respite – care plans are tailored to meet the varied care needs of the individual with an emphasis on promoting independence.

Silver Chain began over 100 years ago as a small district nursing service in Western Australia. Today they are one of the largest providers of community, clinical and health care services assisting over 53,000 people in WA each year. Their services assist people of all ages, including the elderly, people with disabilities, acute illness and injury to maintain or regain their independence while caring for them in their home. Services offered by Silver Chain include:

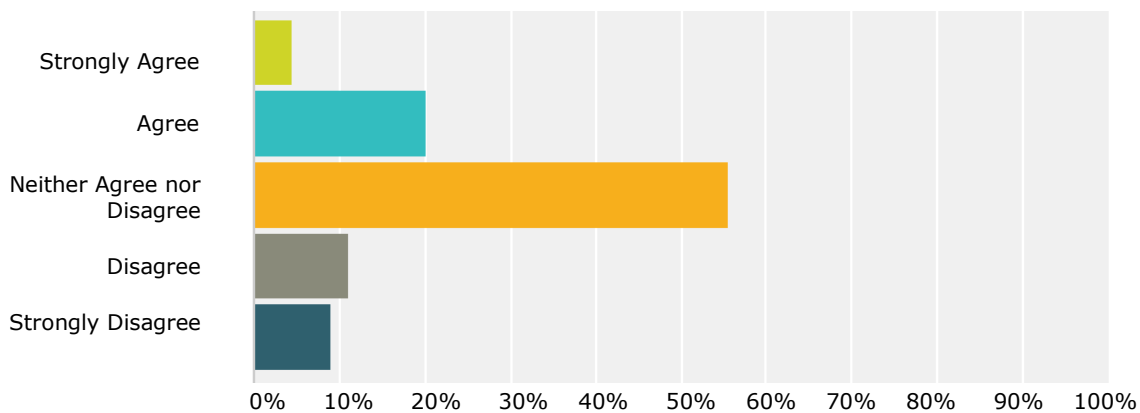
- Health care;
- Nursing care;
- Allied health care;
- Respite care;
- Domestic assistance;

- Home & garden maintenance;
- Meals on wheels;
- Personal care; and
- Social support.

The eligibility criteria for Silver Chain assistance is the same as the eligibility criteria for HACC assistance.

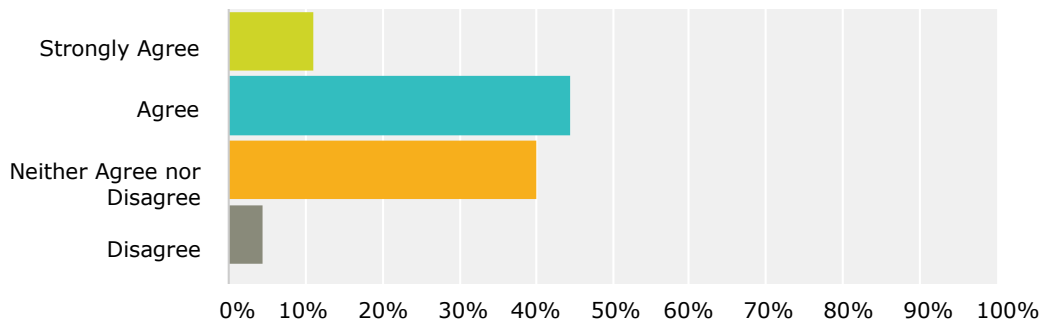
Forty-nine percent of respondents indicated that in-home support services are adequate and accessible; seven percent of respondents indicated that in-home support services are not adequate and accessible; and forty-four percent of respondents were unsure.

Chart 40 – State & Federal Funding



Twenty-four percent of respondents indicated that State and Federal funding of services is adequate and accessible; twenty percent of respondents indicated that State and Federal funding is not adequate or accessible; and fifty-six percent of respondents were unsure.

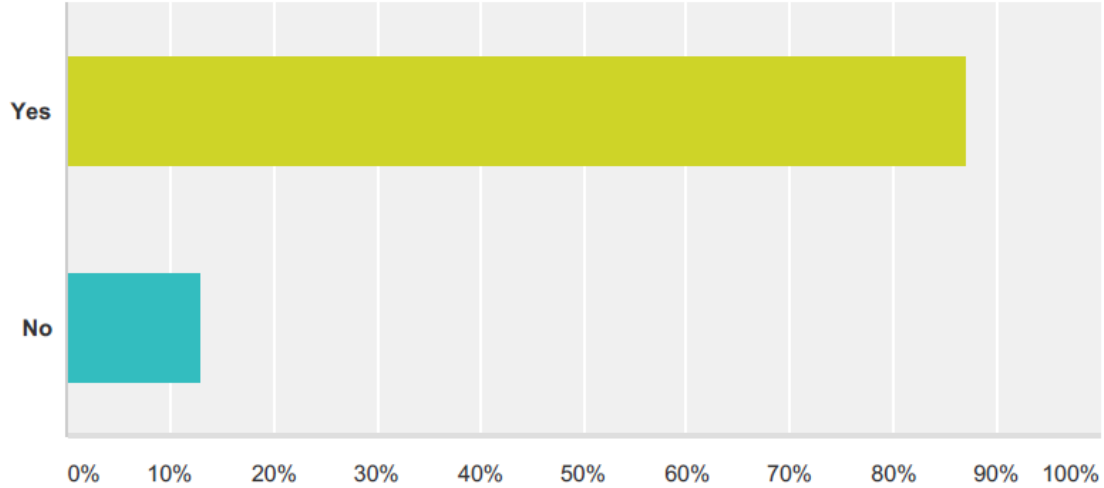
Chart 41 – Volunteers



Fifty-five percent of respondents indicated that volunteers are adequate and accessible; five percent of respondents indicated that volunteers are not adequate and accessible; and forty percent of respondents were unsure.

Question 37: Are you aware of support services available through Home and Community Care (HACC) and/or Silver Chain to help you continue to reside in your home (e.g. personal care, respite care, domestic services and transport)?

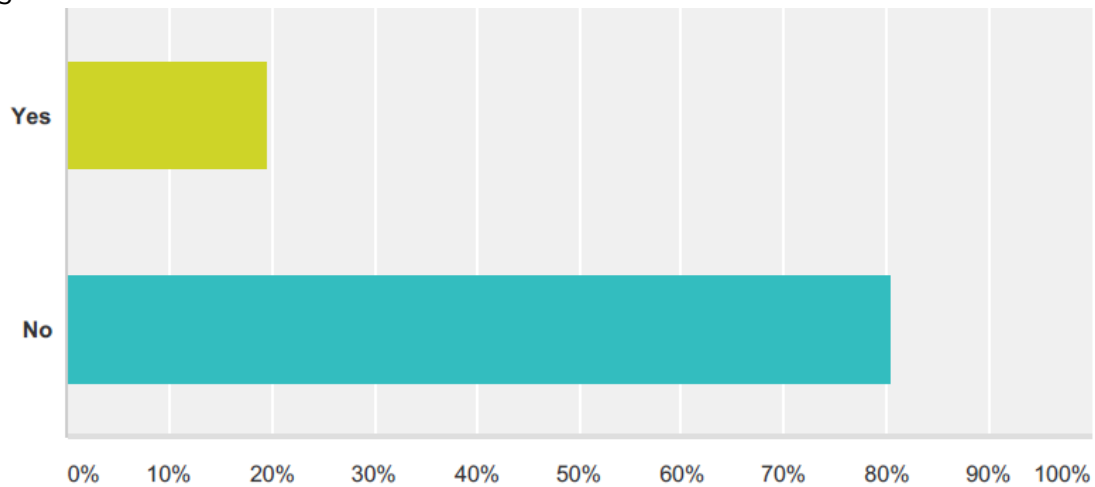
Chart 42



Eighty-seven percent of respondents are aware of support services available through HACC and/or Silver Chain and thirteen percent of respondents are not aware of these support services.

Question 38: Do you use HACC and/or Silver Chain Services?

Chart 43



Twenty percent of respondents use HACC and/or Silver Chain and eighty percent of respondents do not use HACC or Silver Chain services.

Question 39: Do you want to make any other comments about ageing in your local community?

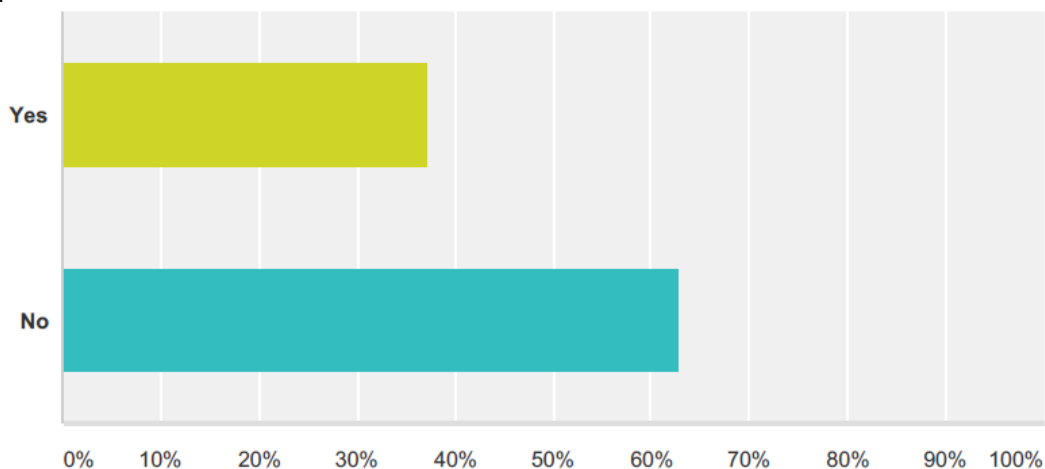
Respondents provided the following comments:

Table 16 – Comments about Ageing

Disappointed in the lack of progress for the aged since I've been filling in these forms for many years.
Mail box to post letters would be welcomed.
The library would be a great place to leave information printed to answer various questions. Also the Capel Courier. Many seniors don't use the computer or Facebook.
I still intend to be working until 67 so would like it noted that a lot of people are working longer - so aged needs different
retirement village near or in Dalyellup
As long as people can have access to their needs - doctors, pharmacy, home support - cleaning, showering, garden maintenance, they'll want to stay in their home as long as possible.
More policing - too many druggies and hoons
A lot of aged fold are isolated and alone (but they might want to be)
People without transport could possibly call on available volunteers. Some list of possible volunteers could be made available.
Encourage all age groups to be aware of older people in community, should they fall or suffer illness and unable to contact neighbours

Question 40: Would you like to participate in a focus group to provide further input into how we can make the Shire of Capel an age friendly community?

Chart 44



Thirty-seven percent of respondents indicated they would like to participate in a focus group to provide further input into how we can make the Shire of Capel an age friendly community and sixty-three percent of respondents indicated they would not like to participate in a focus group.

5.2 Consultation Workshops

Consultation workshops were held in the localities of Dalyellup, Boyanup & Capel in order to further explore the barriers to an age-friendly community and how these barriers can be addressed.

Workshop participants were recruited through various methods including:

- Locality specific newsletters issued throughout Boyanup, Capel, Dalyellup, Gelorup, Peppermint Grove Beach and rural areas of the Shire;
- Verbal announcements to seniors groups;
- Shire Seniors' Link newsletters; and
- Personal invitations to seniors on the Shire's email database.

The consultation workshops were conducted using the *Bank of Ideas' Asset Based Community Development Framework*. This Framework is about discovering, mapping, connecting and celebrating the diverse range of community assets and shifts the development mindset from:

- Needs and deficiencies to assets and capacities;
- Consumer, customer and client to co-producer, co-owner and citizen.

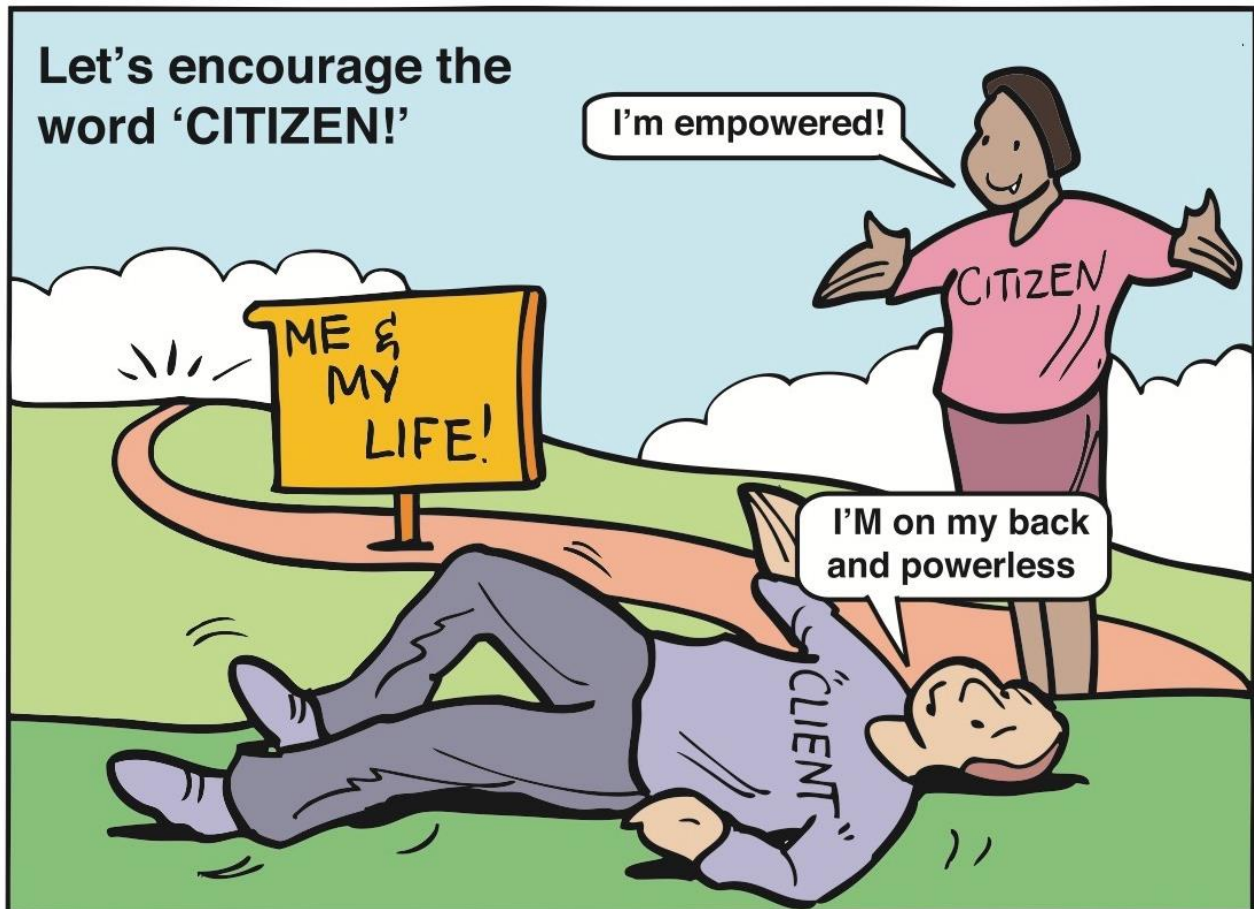
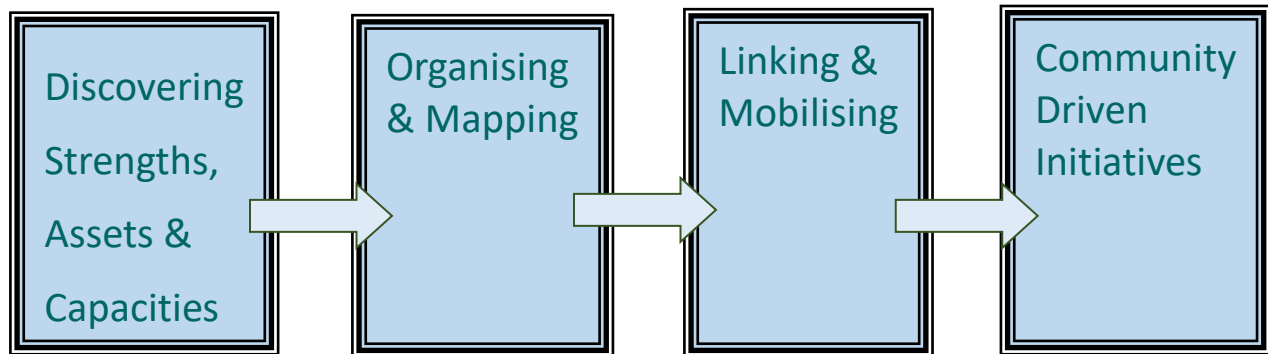


Figure 13 – Empowerment

Table 17 – Traditional Community Development Vs Asset Based Community Development

Tradition Community Development	Asset Based Community Development
Top down	Bottom up
Weaknesses, deficiencies and needs	Strengths, assets and opportunities
Disabilities	Abilities, capacities
Consumers/clients/customers of services and programs	Citizens/co-producers/co-owners of local initiatives
Silo provision	Collaboration, relationships and networking
Servicing of community	Strengthening of community
Dependence on outside professionals	Ownership

The Asset Based Community Development methodology is as follows:



This type of consultation was utilised because it enabled seniors to brainstorm different strategies based on their community assets and encouraged them to take ownership of the initiatives.

Discovering Strengths, Assets & Capacities

The strengths, assets and capacities were identified in question 33 of the survey. These were as follows for each of the main localities in the Shire:

Dalyellup Assets

Parks	McCafe Coffee
Lakes	Medical Facilities
Beaches	Library
Climate	Friendly People
Gardens	Involvement in Social Events
Open Space	Safe Living
Mostly Clean & Tidy	Seniors' Exercise Groups
Safe Cycling	Dalyellup Over 50s
Good Transport	Community interaction
Shops	

Gelorup Assets

Diverse medical services nearby	Dalyellup Over 50s Group
Local major shopping centre	Gentle Gym
Relatively close to all facilities	Peace & quiet
Semi-rural lifestyle	Friendly People
Open-space	Close to Bunbury
Good neighbours	

Capel Assets

Close to regional cities
Dual lane to Bunbury
Stress free
Low traffic
Environment
Facilities
Friendly & close community

Country Atmosphere
Quiet Community
Community Involvement
Footpaths
Amenities within Walking Distance
Climate

Boyanup Assets

Rural lifestyle
Small population
Sense of community
Friendliness
Quiet

Low crime
Local community groups
Safe
Slowly growing and getting better facilities



Figure 14 - Dalyellup Parks

Barriers and Needs

The aim of the consultation workshops was to develop strategies that utilised the assets of each locality to overcome the barriers and needs for each of the localities. The barriers and needs were identified in question 34 of the survey. These were as follows for each of the main localities in the Shire:

Dalyellup Needs

- More information pamphlets about what is available in the community;
- People taking more pride in their homes and area;
- Bus shelters at bus stops;
- More Shire outings as they're fantastic;
- Clear verges free from parked cars and caravans;
- Stricter dog control;
- More social events; and
- Local Op shop/social services for aged.

Gelorup Needs

- More footpaths; and
- Bus service.

Capel Needs

- More Police presence;
- Readily available & affordable home assistance;
- Less illicit drug use;
- Less hooning around streets;
- Better bus service;
- More Shire run bus trips;
- Retirement/lifestyle village;
- Community garden;
- Better street-scaping;
- Mosquito/insect control;
- Improve arterial roads;
- More shade in walk areas; and
- Difficulty entering, exiting & crossing Busselton Highway.

Boyanup Needs

- More medical facilities;
- Bus service;
- Petrol station;
- Improved sports centre;
- Crosswalk for South West Highway;
- More shops to promote competition;
- Better footpaths; and
- ATM (Automatic Teller Machine).

Strategies Developed During Consultation Workshops

Dalyellup and Gelorup Workshop

Table 18 – Feedback from Dalyellup & Gelorup Workshop

Barrier/Need	Suggestions to Reduce Barriers
Better Bus Service in Gelorup	Seek a volunteer to drive a bus from Bunbury Bus Hire (Shire provides 40% concession & Bunbury Bus Hire 10% concession). Take seniors to shops, doctors etc. and seniors pay a contribution to make up the other 50%.
More footpaths in Gelorup	Look at Shire's existing path strategy. Main need is near the school, community centre & Yalinda.
Better communication with Shire	Monthly forum with Councillors and senior staff from different divisions (e.g. community services, finance, building, planning, health & engineering). Face to face forums. Pro-active engagement from all Council staff. Need more maintenance staff.
More seniors outings	Fundraise and have volunteer driver to reduce the cost of outings for seniors.
Local Op Shop	Use some empty shops. Get on peppercorn lease.
Local Social Services	Encourage counselling agencies to provide local services and welfare support. Advertise Aged Care Services in Seniors' Link.
Getting residents to take more pride in area and appearance of homes	Off-site parking for large vehicles. Maybe a prize for best garden. Restating of earlier covenant regarding lorries and verges. Liaise with Real Estate Agents for rental maintenance & upkeep of gardens.
Bus Shelters at bus stops	Prepare a Bus Shelter Strategy that reviews and establishes the long term plan for the provision of shelters.
Street Lights in Gelorup	Hastie Road & Yalinda
More information services about what is available in the community	Promote services etc. in Seniors' Link.
Clear verges free of parked cars and caravans.	Shire Rangers to continue monitoring footpaths, ensuring no vehicles are parked on footpaths.
Stricter Dog Control	Information on controlling dogs in town sites and public places and details of dog exercise areas be published in all local papers.
Stop speeding down Hasties Road	Encourage Gelorup residents to write to Main Roads WA, local politicians and the Minister for Transport requesting that Gelorup be speed posted as a 50km speed zone.
Less criminal activity	Investigate the installation of security lighting in hotspot locations.

Capel Workshop

Table 19 – Feedback from Capel Workshop

Barrier/Need	Suggestions to Reduce Barriers
Public Seating	Integrate into Shire's Works Program to install seating at: <ul style="list-style-type: none"> • Corner of Weld Road & Capel Drive. • Outside West Road (Margaret Hiddel units). • Goodwood Road near sporting oval. • Empty block at corner of Prowse Street & Spurr Road. • Playgrounds at Hannaby Road & Weld Road. • Dog Park near river.
Better Bus Service	Fortnightly – falling on pension week. 10am – 2pm. Allowing seniors time for lunch. Volunteer driver for medical appointments and shopping. Not interested in car-pooling.
Community Garden & Garden Centre Shop	In favour – more information on sites available (Spurr & Prowse Road, Capel Civic Precinct, end of Weld Road). Donna to enquire about garden centre opposite Senior Citizens Building (why did Shire reject re-opening of it?) Donna to also enquire if the river bank behind Michael Lindsay is privately owned. Would need to be fenced. Purpose is to connect the community.
Capel Community Centre	Request a reduction in hall hire fees and install badminton nets.
Readily available and affordable home assistance	Swap It Initiative– suggested to link the need with the volunteer. Develop a register of volunteers and the services they can provide (dog walking, handyman – fix light globe, dripping tap etc., cleaner). Advertise broadly. Bartering with credits.
Computer Lessons & Smart Phones	IT support badly needed. Please assist. Capel Senior Citizens members willing to pay.
IGA Parking Area a problem	Suggest making it one way with angle parking.
More shade in walk areas	Corner of Prowse Rd & Spurr Street. Trees along verges in Goodwood Estate. Around the creek side of oval. Weld Road. Dog park near river.
Footpaths	Kwenda Loop - very dangerous for school kids – especially those on bikes. Forrest Road near Chemist.
More Shire organised Outings	Source funding for the following outings: Local History bus trip. Balingup medieval festival. Margaret River Open Studios. Augusta Abalone/lighthouse. Margaret River Gourmet trip. Mandurah Christmas

	Lights. Rottnest overnight trip.
Increased Police Presence	Encourage residents to report crime in order to justify the need for increased Police presence.
Lifestyle Village	The Shire support and actively encourage the development of suitable aged housing in all towns which support aged residents to move from their private residences into a choice of lifestyle, independent, serviced or supported accommodation. The Shire's town planning strategies provide for land use and zoning which will allow aged housing development opportunities that encourage the provision of affordable housing.

Boyanup Workshop

Table 20 – Feedback from Boyanup Workshop

Barrier/Need	Suggestions to Reduce Barriers
Street Lighting	Light on corner of Trigwell Road & SW Hwy. Been requested many times in the past.
Bigger Meeting Room	Jack & Mary Kitchen Community Centre.
Safety on Main Street	Crossing for kids near railway. Reduce speed limit to 40km/hr. Footpath outside old petrol station. Parking bay for Southbound bus (TransWA). Needs a proper crosswalk.
Nuisance rabbits	Advice.
Blocked storm water drains	Digger Place.
Criminal activity & hooning	More Police patrols/presence. Thomas Street is being used as a by-pass "Drag Strip" to avoid main street speed traps.
ATM	Bendigo Bank? Would be good for residents & tourism.
IGA or similar shop needed to promote competition.	Trial community bus initiative to Bunbury for time being.
Better Bus Service	Does not need to be free. Current SW Coachlines 1 a day to Bunbury & back. Community bus – Shire pay upfront & coordinator in Boyanup works with Shire. Trial community bus initiative with funding (e.g. \$200 per trip x 1 trip per week = \$10,000). Social outings not medical. Small fee per person.
Parking opposite Post Office & Tavern	Too muddy in winter months. Needs proper surfacing.
St Vincent de Paul Bins	Need to be emptied more often.
Beautifying Town	Main street very scruffy and a disgrace to the Shire. Railway Reserve is a fire hazard. Install flower boxes for main street. River Ramble badly overgrown. All entrances to Boyanup are a disgrace. Main

	street & Bridge Street need streetscaping. Dr's Surgery area needs tidying up. Mural art projects. Tidy Town Rubbish pick up – monthly event where people tidy certain streets & meet for cuppa after (Shire to pick up rubbish bags). Train themed busy bee (e.g. gardens, trains, planter box). Community garden. Flowers in main street to add colour. General maintenance in main street by Shire.
Better footpaths	Main street! Albury Estate. Turner Street (going to Meadowbrooke). Gumtrees on SW Highway footpaths – need to be removed as gumnuts are a hazard. Both sides of SW Highway needs concrete or paved footpaths. Footpath needed on Bridge Street from Highway down to the bridge on the Bull & Bush Tavern side. Footpath on Bridge Street near the corner of Hurst needs upgrading. Payne Street – one portion not done from George Street to cemetery.
Swap It Initiative.	Currently occurs at the Op Shop. Could make it part of a Senior's Drop In Centre – maybe combine with tourist information. More frequent than once a month. Great concept! Shire to coordinate. Swap produce & trades/services. Tie in with Neighbourhood Watch for Police Clearance.
Computer Lessons & iPads	Run in library. Model on Australind scheme (suggested by senior Clive Reid).
Gentle Gym for Seniors	Sue Nettleton is willing to run but must be able to leave equipment in hall – can this be arranged. Please contact Sue Nettleton.
More medical facilities	Doctors' surgery is opening soon.
Petrol station	Planning for a petrol station is underway.
Improved sports centre	The Shire is currently undertaking improvements.
Crosswalk for South West Highway	Provide a pedestrian crossing on South West Highway in accordance with the outcomes and proposals of the Boyanup Transport Study. Ensure the proposals of the Boyanup Transport Study are well communicated to the Boyanup community to allow feedback on proposals, including pedestrian crossing needs.

6. RECOMMENDATIONS

The following recommendations have been developed to enable the Shire of Capel to be an age-friendly community.

Table 21 – List of Recommendations

OUTDOOR SPACES & BUILDINGS

Recommendation 1

Shire Rangers to continue monitoring footpaths, ensuring that no vehicles or building equipment is stored on footpaths.

Recommendation 2

Implement Council's 10 Year Dual Use Pathway Program (2013 – 2023).

Recommendation 3

A seat installation program be integrated into the Shire's works program as a means to install additional seating in shopping areas and public places where people walk or congregate.

Recommendation 4

Ensure the proposals of the Boyanup Transport Study are well communicated to the Boyanup community to allow feedback on proposals, including pedestrian crossing needs.

Recommendation 5

Provide a pedestrian crossing on South West Highway in accordance with outcomes and proposals of the Boyanup Transport Study.

Recommendation 6

Investigate the feasibility of installing intersection street lighting at the following intersections to improve traffic safety and consider implementation where practical:

- Trigwell Road & South Western Highway, Boyanup

Recommendation 7

Information on controlling dogs in town sites and public places and details of dog exercise areas be published in all local papers circulating in the Shire of Capel and further; that given the high level of absentee landowners in Peppermint Grove Beach, this group be specifically targeted with a direct mail-out to advise them of statutory and local law requirements for controlling and exercising dogs in that locality.

Recommendation 8

Promote the correct procedures for reporting crime and encourage residents to continue reporting crime to justify the need for increased Police presence.

Recommendation 9

Encourage Gelorup residents to write to Main Roads WA, local Politicians and the Minister for Transport requesting that Gelorup be speed posted as a 50km speed zone.

Recommendation 10

When upgrading or improving public places utilise Crime Prevention through Environment Design Principles and investigate the installation of security lighting in hotspot locations.

Recommendation 11

Council to consider the future design of roads to reduce speeding.

Recommendation 12

Encourage residents to document times, days and locations where hooning is of concern and to report this information to Police.

Recommendation 13

Advocate for the Capel IGA carpark owners to make the parking one way with angle parking.

Recommendation 14

The Shire's Community Services area to work with the Boyanup Progress Association in beautifying Boyanup town site. E.g. Flower boxes on Main Street, mural art projects, street scaping, train themed busy bee and Tidy Town Rubbish Pick Ups.

TRANSPORT**Recommendation 15**

Prepare a Bus Shelter Strategy that reviews and establishes the long-term plan for the provision of shelters.

Recommendation 16

That a community transport strategy be developed to look at options for improving seniors' access to transport, including the feasibility of operating a community bus or a small people-mover vehicle to service smaller towns using volunteer drivers.

HOUSING**Recommendation 17**

The Shire support and actively encourage the development of suitable aged housing in all towns which support aged residents to move from their private residences into a choice of lifestyle, independent, serviced or supported accommodation which could include alternatives to existing aged accommodation and which would also include options to allow couples to remain together as they age.

Recommendation 18

That the Shire's town planning strategies provide for land use and zoning which will allow aged housing development opportunities that encourage the provision of affordable housing.

Recommendation 19

That the Shire actively promotes the opportunities for approval of ancillary accommodation under *Policy 6.9- Ancillary Accommodation* and Ancillary Dwellings pursuant to the *State Planning Policy 3.1 – Residential Design Codes*.

SOCIAL PARTICIPATION

Recommendation 21

Continual development and distribution of the monthly Seniors' Link newsletter to regularly promote socialising opportunities for seniors.

Recommendation 22

That the Shire encourages existing community based seniors groups to regularly meet to exchange information on activities, share guest speakers and maximise their lobbying efforts for aged persons.

Recommendation 23

Endeavour to source funding to run more Shire hosted seniors' outings.

RESPECT & SOCIAL INCLUSION

Recommendation 24

That the Shire continues to support local events and activities that encourage participation by all ages.

Recommendation 25

That the Shire works with local primary schools and high schools to identify opportunities for seniors to work with school children and develop intergenerational activities.

COMMUNICATION & INFORMATION

Recommendation 26

That the Shire of Capel Community Directory be reviewed and updated to include contact information for informal unincorporated groups that operate across the Shire to contribute to the social fabric of the district as well as details of their activities so that all residents (older residents in particular) are aware of social activities available to them. That in reviewing the Shire of Capel Community Directory, online access be provided and regularly updated.

Recommendation 27

The Shire website include a seniors section with links to specific issues that may affect people as they age including possible rate rebates, recreation programmes available, community directory link, relevant Council policies, links to relevant Federal and State websites and links to local groups and agencies which provide accommodation or support services.

Recommendation 28

That the Shire expands its database of email contacts for seniors and promotes this as an efficient and effective communication networks.

Recommendation 29

That the Shire promotes, and if possible, subsidises computer classes for seniors.

Recommendation 30

The Shire considers holding two community forums per annum with selected Councillors and Senior Staff.

CIVIC PARTICIPATION & EMPLOYMENT

Recommendation 31

That the Shire takes a pro-active role in promoting volunteering and develops a strategy to support the recruitment of volunteers for local community groups.

Recommendation 32

That the Shire recognises volunteers and community groups for their efforts and achievements by implementing *Policy 8.1 – Community Recognition*.

COMMUNITY SUPPORT & HEALTH SERVICES

Recommendation 33

That the Shire promotes support services available for seniors in the Seniors' Link newsletter.

Recommendation 34

Subject to community interest and ownership, the Shire to work with the Dalyellup and Gelorup communities to establish an Opportunity Shop in Dalyellup.

Recommendation 35

Endeavour to establish a 'Swap It' initiative in major localities in the Shire. Community members can either swap services or freshly grown produce. E.g. a senior man may fix a lady's dripping tap and she may make him a meal in return. Tie in with Neighbourhood Watch for Police Clearances.

WHOLE OF ORGANISATION APPROACH TO AGEING

Recommendation 36

Ensure that there is awareness across the organisation about the Age Friendly Strategy.

Recommendation 37

Review and evaluate the Age Friendly Strategy every four years.



Figure 15: Capel CWA – Community Group of the Year 2018



Figure 16: Rae Thorpe – Citizen of the Year 2018

7. AGE-FRIENDLY STRATEGIES AND IMPLEMENTATION PLAN

The key part of this report is the strategies and implementation plan which contains a number of objectives linked to the recommendations above and various actions to achieve those objectives. The strategies and implementation plan includes details of stakeholders (including other agencies, departments and organisations) who will have a role in implementing the actions and an anticipated timeframe for undertaking each action.

The strategies and implementation plan is a working document which will guide the council and its administration in striving to ensure the Shire of Capel is an age-friendly community. The plan will be regularly reviewed, monitored and updated as actions are implemented or finalised and further actions identified. As a dynamic document, subject to change, it is included at **Appendix 1** for ease of reference and review so as to not compromise the structure of this report.



Figure 17 - Dalyellup Lakes



Figure 18 - Dalyellup Beach

8. RELEVANCE TO OTHER SHIRE STRATEGIES AND POLICIES

The Shire has adopted a number of strategies and actions which are aimed at achieving its vision: "A community of diverse lifestyle experiences accommodating progressive growth, sharing in prosperity, and valuing the unique environment."⁴ The Shire has recognised that older people represent a significant and growing sector of the community and its *Corporate Business Plan 2013 – 2017* includes the following objective, strategy and action:

Objective

2. Provide facilities and services which recognise the diverse needs of the community and strive to make the Shire a safe place to live, work and visit.

Strategy	Action
2.2A Support participation by all sectors of the community.	2.2A1 Plan to meet the needs of the increasing older population, the disabled and youth.

This project has been undertaken to achieve the Corporate Business Plan action to "plan to meet the needs of the increasing older population."⁵

8.1 Corporate Business Plan 2013 – 2017

The Corporate Business Plan 2013 – 2017 includes numerous strategies and actions which directly relate to an age-friendly community or issues which have arisen during focus group workshops or through the survey of older people.

Strategy	Action
2.1A Provide and promote a variety of recreational leisure activities, services and facilities.	2.1A1 Provide and promote a variety of recreational leisure activities, services and facilities. 2.1A3 Implement and review the Age Friendly Communities Report.
2.2A Support participation by all sectors of the community.	2.2A1 Plan to meet the needs of the increasing older population, the disabled and youth.
2.2B Develop links and support community volunteers.	2.2B1 Provide continued recognition and support of volunteers. 2.2B2 Develop and implement strategies to keep volunteers informed of available support networks.
2.4A Enhance community safety and wellbeing.	2.4A1 Plan for the safety of the community. 2.4A2 Promote emergency and fire risk awareness and implement fire and emergency management initiatives. 2.4A3 Plan for the health of the community and environment.
4.4A Plan for a variety of residential accommodation options, facilities and services for seniors.	4.4A2 Plan for and promote Boyanup as a retirement destination as part of the growth of the town.

⁴ Shire of Capel *Community Strategic Plan 2013– 2031, 2013 p17*

⁵ Shire of Capel *Corporate Business Plan 2013 – 2017, 2013 p17*

	4.4A7 Support the provision of HACC Services to the Shire of Capel community.
4.5A Support the establishment of vibrant mixed-use retail precincts as community hubs.	4.5A1 Prepare strategic town plans and policies that provide options for a range of businesses and services to be developed.
5.1A Undertake a Strategic Review of integrated pedestrian and vehicular transport routes within the Shire.	5.1A1 Review and develop townsite and regional transport and infrastructure studies. 5.1A2 Review and implement the 10- year Road Program.
5.3A Develop ongoing road and path strategies to improve connectivity within the district.	5.3A1 Develop safe and efficient dual use path and trail connectivity with destination infrastructure, both locally and regionally.
5.5A Encourage provision of timely and efficient services and infrastructure by external providers.	5.5A2 Liaise with other service authorities to ensure that planning for service delivery is available to urban areas.

Several of the issues identified through this age-friendly communities project and outcomes of this project have previously been identified through other Shire strategies or are supported by projects undertaken by others or by adopted Shire policies. These include:

- Disability Access and Inclusion Plan 2012 – 2017
- Capel Town Public Open Space Strategy 2011 – 2021
- Capel Townsite Strategy July 2008
- Boyanup Townsite Strategy May 2010
- Shire of Capel Trails Master Plan August 2009
- Boyanup Transport Study
- 10 Year Dual Use Pathway Program 2014 - 2024
- Boyanup Heritage & Rail Precinct Master Plan 2014
- Policy 6.9 Ancillary Accommodation
- Policy 8.1 Community Recognition

8.2 Disability Access and Inclusion Plan 2012 – 2017

The 2012 – 2017 Disability Access and Inclusion Plan has a particular focus on nurturing a community where diversity, difference and a sense of identity is respected and valued. These values are underpinned by a commitment to the creation of fair and equitable access for all residents and visitors to the Shire. The following outcomes, objectives and strategies are included:

Outcome 2: People with disabilities have the same opportunities as other people to access the buildings and other facilities of the Shire of Capel.

Objective: To ensure that all Shire owned, leased or supported facilities are accessible to people with diverse needs.

Strategy
Buildings and facilities owned or managed by the Shire of Capel to be physically accessible to people with disabilities.
Signage to Shire facilities and services are clearly visible.
New or redevelopment works to include the provision of access to people with disabilities,

Strategy
where practical.
ACROD parking to meet the demand of people with disabilities in terms of quantity and location.
Enhanced access and inclusion in parks and public open spaces.
Improve access to the beach for people using wheelchairs.
Ensure that public toilets meet the associated accessibility standards.

Outcome 3: People with disabilities receive information from the Shire of Capel in a format that will enable them to access the information as readily as other people are able to access it.

Objective: To ensure that relevant information pertaining to Council functions, facilities and services use clear and concise language and are made available in accessible formats

Strategy
Improve community awareness that Council information can be made available in alternative formats upon request.
Ensure that the Shire's website meets contemporary good practice.
Documentation regarding services, facilities and feedback in an appropriate format using clear and concise language.
Streetscape to include tactile indicators at significant pathways and crossings.
Provide documentation regarding services, facilities and customer feedback in an appropriate format using clear and concise language.

8.3 Capel Town Public Open Space Strategy 2011 – 2021

This strategy has been prepared to guide the long term planning and development of open space, parks, gardens, reserves and associated community and recreation facilities in the town of Capel. The following issues are specifically addressed:

6.3.7 Ageing Population

The focus for older people in relation to POS is likely to be on more passive recreation and on safe, direct access to parks and gardens, and the 'main street'. The provision of additional shelter structures, particularly in Capel Park and in local POS is important in terms of providing relief from sun, wind and rain. Well located seating and shelter provides people with places to meet, socialise, and observe activity in streets and gardens.

The issue of access for the elderly and disabled persons needs to be addressed in a more strategic manner via analysis of the footpath network. The origin and destination of trips for people with wheelchairs and 'gophers' should be considered and it is recommended that facilities for these users be improved, particularly the standards of footpaths and important street crossings.

Recommendation 24:

24.1 The provision of additional shelter and seating in parks and other POS is to be considered in works programmes, with an emphasis on Capel Park as a component of the Civic Precinct Master Plan.

24.2 The standards of footpaths and street crossings is to be improved where necessary to ensure safe and easy access to the Capel town centre, Senior Citizens Centre and town parks for older members of the community and those with mobility aids.

6.3.8 Design for Health

Research published by the Planning Institute of Australia shows that the built environment can have a significant impact on a person’s level of physical activity. Good design and people friendly open spaces and other places can promote active lifestyles by encouraging walking, cycling and active recreation.

‘Healthy Spaces and Places’ is a national guide to designing places for healthy living. It identifies the following key design principles for healthy spaces:

- Active transport – walking and cycling
- Aesthetics – attractive places and parks invite use and enjoyment
- Connectivity – ease with which people can walk/cycle between spaces
- Environments for all – spaces that are safe and designed with facilities to be available to all regardless of age, ability, culture or income
- Mixed density – range of housing types promoting a diverse community
- Mixed land use – promoting activity and shared resources
- Parks and open space – diversity of open space
- Safety and surveillance – design that seeks to reduce crime
- Social inclusion – opportunities for all members of the community
- Supporting infrastructure – facilities that encourage and support regular and safe physical activity (paths, shelter, seating, signs, lighting etc.).

Recommendation 25:

25.1 The fundamental planning and design of open spaces and recreation facilities in Capel is to consider the principles of ‘healthy spaces and places’ promoted by the national guide to designing places for healthy living of the Planning Institute of Australia.

25.2 The needs of pets and pet-owner recreation activities are to be considered in the planning and design of public open space in Capel.

8.4 Capel Townsite Strategy July 2008

The Strategy sets out the key long-term planning directions for the Capel townsite. In particular it establishes objectives, policy statements and recommended actions associated with residential, community, environmental, recreation, social, economic and other issues over the next 10-15 years. These outcomes where relevant will be represented in the Capel Townsite Structure Plan which will give direction on the sustainable size, form and nature of the town. The following strategies and actions are relevant:

STRATEGY : POPULATION GROWTH AND LAND SUPPLY	
Action No	Action
(iii)	Provide a range of residential densities in the town to reflect different lifestyle demands including town centre/medium density, traditional lower density, special residential and aged persons accommodation.
STRATEGY : ENVIRONMENTAL VALUES	
Action No	Action
S2(iii)	Improve public access along the river and the connection between the town and the river via the development of a river foreshore master plan to enable creation of walking trails, boardwalks and/or viewing platforms with these to be incorporated into foreshore management plans and implemented via the subdivision process.
S2(iv)	Ensure that access along the Capel River is linked to major pedestrian access ways within the Capel Town site.

8.5 Boyanup Townsite Strategy May 2010

The Strategy will set out the key long-term planning directions for the Boyanup townsite. In particular it will establish objectives, policy statements and recommended actions associated with residential, community, environmental, recreation, social, economic and other issues over the next 25+ years. These outcomes where relevant will be represented in the Boyanup Townsite Structure Plan which will give direction on the sustainable size, form and nature of the town. The following issues are particularly relevant to an age-friendly community:

Key Community Concerns	<ul style="list-style-type: none"> • Volume of heavy haulage & traffic on highway through town • Lack of public transport
Key Community Visions	<ul style="list-style-type: none"> • Improved Public Transport
6.3 Strategy Aims	9. Promote and plan for accommodation and services related to the care, health and wellbeing of older people in the Boyanup community.
6.4.1 Population Growth and land supply	(iii) Provide a range of residential densities in the town to reflect different lifestyle demands including town centre/medium density, traditional lower density, special residential and aged persons accommodation.
6.4.6 Transport & Access	(i) Undertake a Masterplan for that section of South Western Highway that runs through the Boyanup townsite that aims to better manage heavy and regional traffic and improve local traffic and pedestrian safety and the amenity of the town centre in consultation with Main Roads WA.

8.6 Shire of Capel Trails Master Plan August 2009

One of the principles is that trails will be "... accessible to all, including the disabled" - where practical and appropriate, trails will be developed so as to enable access by people in wheelchairs, people with disabilities, family groups and the elderly.

8.7 10 Year Dual Use Pathway Program 2014 – 2014

Council officers surveyed the urban areas of Capel, Boyanup, Gelorup, Dalyellup & Peppermint Grove Beach to evaluate the existing pathway network and undertake a gap analysis. A draft plan was advertised for public comment and then further refined to incorporate the received feedback. The 10 Year Dual Use Pathway Program was adopted at Council's 26 June 2013 meeting.

8.8 Boyanup Heritage & Rail Precinct Master Plan 2014

The Boyanup Heritage & Rail Precinct Master Plan was adopted by Council on October 2014 as a guide to the future use, development and management of the Boyanup Heritage & Rail Precinct. In response to community feedback from various forums during 2013 and 2014, the Shire identified the need for improvement of the Precinct in order to:

- Respond to identified community needs;
- Improve public spaces and use;
- Ensure integrated public spaces to accommodate future needs; and
- Provide a central focus for the community.

The adoption of a Master Plan for the Precinct is considered an important element in achieving these outcomes and will provide the basis for more detailed development/landscape plans to be formulated and implemented in due course.

8.9 Policy 6.9 Ancillary Accommodation

This policy statement has been formulated to clarify and set out guidelines for assessment of applications for ancillary accommodation. It also provides a policy basis for the relaxation of certain development standards including the maximum floor area requirement to allow for transportable buildings and an increase in the number of habitable rooms permitted. Ancillary accommodation is:

"...self-contained living accommodation on the same site as a single house, intended to accommodate a member of the family of the occupier of the main dwelling."

8.10 Policy 8.1 Community Recognition

This policy ensures that community groups and individual volunteers are recognised and thanked for their work in the community on an annual basis.

9. LIMITATIONS AND CONCLUSION

The small sample of seniors who participated in the survey and consultation workshops may not be representative of all seniors residing in the Shire.

Many of the issues identified through the project are not new and some have been raised through other strategic projects and community forums and are reinforced again here.

With an estimated 5,700 Shire residents expected to be aged 60 years or more by 2021, the Shire needs to consider the ageing population in the delivery of all of its services, and existing practices and standards may require review to establish if these are relevant. The recommendations of this report, which have been developed through engagement and participation of seniors in the community, should assist the Shire to take positive steps to ensure that all of the communities that comprise the district of the Shire of Capel can become age-friendly.



Figure 19: Conclusion

APPENDICES

Appendix 1 - Strategies and Implementation Plan

AGE-FRIENDLY COMMUNITIES STRATEGIES AND IMPLEMENTATION PLAN 2018

Cost estimates have been applied on the basis of requirements determined at the time of adoption of the Strategy and may change with annual review of circumstances, in response to other community or organizational specifications, and / or in response to the availability of alternative funding sources.

Strategic Priorities have the following intent:

- H** – High (action within 2 years)
- M** – Medium (action in 2-5 years)
- L** – Low (action in 5+ years)
- O** – Ongoing (requires continuous consideration and action)

Legend

Exec Manager ComS – Executive Manager Community Services
 Exec Manager EDS – Executive Manager Engineering & Development Services
 Exec Manager Corp – Executive Manager Corporate Services
 CEO – Chief Executive Officer

Outdoor Spaces and Buildings – Recommendations 1 to 15					
Objective 1 - Ensure that older pedestrians can access and utilize facilities and services safely and conveniently					
Strategies		Stakeholders	Responsible Officer	Timeframe	Cost
1.1	Improve pathways that have uneven surfaces and kerbing which creates barriers to seniors, pedestrians, wheelchairs and gophers.	Shire, Country Pathways, Grants	Exec Manager EDS	Ongoing	Annual Budget Allocation
1.2	Install suitable seating with shade along pathways and in shopping areas and public places in accordance with Strategic Plans, Precinct Plans and Facility Improvement Plans.	Shire, Developers	Exec Manager EDS	Ongoing	Annual Budget Allocation
1.3	Implement recommendations from the Boyanup Transport Study.	Shire	Exec Manager EDS	Medium	Annual Budget Allocation
1.4	Provide a pedestrian crossing on South West Highway in Boyanup townsite in accordance with outcomes and proposals of the Boyanup Transport Study.	Shire, MRWA	Exec Manager EDS	Medium	Long Term Financial Plan
1.5	Investigate the installation of street lighting as per recommendation 6 in the Age Friendly Communities Strategic Plan.	Shire, WP, Funding Bodies	Exec Manager EDS	Ongoing	Nil

AGE-FRIENDLY COMMUNITIES PLAN 2018

1.6	Consider the future design of roads to reduce speeding.	Shire, MRWA	Exec Manager EDS	Medium	Nil
1.7	Shire Rangers monitor footpaths, ensuring that no vehicles or building equipment is stored on footpaths.	Shire	Exec Manager ComS	Ongoing	Nil
1.8	Implement Council's 10 Year Dual Use Pathway Program (2014 – 2024)	Shire, Country Pathways, Grants	Exec Manager EDS	Ongoing	Annual Budget Allocation
1.9	Publish information on dog exercise areas and controlling dogs in public places.	Shire	Exec Manager ComS	Ongoing	Annual Budget Allocation
1.10	Implement the Boyanup Townsite Strategy and the Boyanup Rail & Heritage Precinct Plan.	Shire	Exec Manager EDS	Medium	Annual Budget Allocation
1.11	Investigate the installation of security lighting in hotspot locations.	Shire, Police, Intervid (provider), Strategic Crime Prevention Division	Exec Manager ComS	Medium	Annual Budget Allocation
1.12	Encourage Gelorup residents to write to Main Roads WA, local politicians and the Minister for Transport requesting that Gelorup be speed posted as a 50kms speed zone.	Shire, Main roads, local politicians, Gelorup Residents, Police	Exec Manager ComS	Medium	Nil
1.13	Continue involvement in Neighbourhood Watch and Designing Out Crime programs.	Shire, SW Police, Strategic Crime Prevention Division	Exec Manager ComS	Ongoing	Nil
1.14	Promote the correct procedures for reporting crime and encourage residents to report crime to justify the need for increased Police presence.	Shire, Community	Exec Manager ComS	Ongoing	Nil

Transport – Recommendations 16 to 17

Objective 2 - Lobby and advocate to address transport shortfalls which limit older people's participation in community life

Strategies		Stakeholders	Responsible Officer	Timeframe	Cost
2.1	Lobby the Public Transport Authority and other stakeholders to investigate improved public transport services for the Shire which may include: <ul style="list-style-type: none"> Review of frequency and routes of bus 	Shire, PTA, Transwa, South West Coachlines	CEO	Ongoing	Nil

	<p>services across the district; and</p> <ul style="list-style-type: none"> Provision of pull-in bus stops for school buses in Boyanup townsite. 				
2.2	<p>Undertake a community transport strategy to investigate transport options for older people which may include:</p> <ul style="list-style-type: none"> Feasibility of using small people movers to link towns with Bunbury, Donnybrook and Busselton; and Implementation of a community bus service. 	Shire, Bendigo Bank, Lotterywest	Exec Manager ComS	High	Nil
2.3	<p>Prepare a Bus Shelter Strategy that reviews and establishes the long term plan for the provision of shelters and provides a program for implementation.</p>	Shire	Exec Manager EDS	Medium	Nil

Housing – Recommendations 18 to 20

Objective 3 – Ensure that housing needs of older people are addressed through effective urban planning strategies

	Strategies	Stakeholders	Responsible Officer	Timeframe	Cost
3.1	<p>Ensure that land suitable for aged accommodation development is identified and zoned appropriately in Shire town planning strategies for all townships in the Shire.</p>	Shire	Exec Manager EDS	High	Nil
3.2	<p>Ensure that the planning, design and assessment of aged accommodation meet latest standards for accessibility and inclusion.</p>	Shire, Architects	Exec Manager EDS	High	Nil

Objective 4 – Identify new housing models that address issues of affordability and innovative design to suit people of all ages

	Strategies	Stakeholders	Responsible Officer	Timeframe	Cost
4.1	<p>Encourage developers to consider aged care accommodation options which offer a range of affordable housing choices across all towns.</p>	Shire, Developers	Exec Manager EDS	Ongoing	Nil
4.2	<p>Develop a Housing & Development Sustainability Policy to include the need for housing design to accommodate and be adaptable to the changing needs of older people.</p>	Shire	Exec Manager EDS	High	Nil
4.3	<p>Actively promote the opportunities for ancillary accommodation under current <i>Policy 6.9 – Ancillary Accommodation</i>.</p>	Shire	Exec Manager ComS	High	Nil

Social Participation – Recommendations 21 to 23**Objective 5 – Increase the participation of older people in physical and social activities**

Strategies		Stakeholders	Responsible Officer	Timeframe	Cost
5.1	Continual development and distribution of the monthly Seniors' Link newsletter to regularly promote socializing opportunities for seniors.	Shire	Exec Manager ComS	Ongoing	Nil
5.2	Encourage interaction between existing community based seniors groups to exchange information, maximize membership and lobby on aged persons issues.	Shire, Community Group	Exec Manager ComS	Ongoing	Nil
5.3	Endeavour to source funding to run more Shire hosted seniors' outings.	Shire, funding bodies	Exec Manager ComS	Ongoing	Nil

Respect and Social Inclusion – Recommendations 24 to 25**Objective 6 – Encourage social connectedness and community participation**

Strategies		Stakeholders	Responsible Officer	Timeframe	Cost
6.1	Continue to support local events and activities throughout the Shire that encourage participation by all ages and families.	Shire, Event Holder	Exec Manager ComS	Ongoing	Nil
6.2	Work with local schools to identify opportunities for seniors to work with school children and develop intergenerational activities.	Shire, Schools	Exec Manager ComS	Ongoing	Nil

Communication and Information – Recommendations 26 to 30**Objective 7 – Improve dissemination of information to older people**

Strategies		Stakeholders	Responsible Officer	Timeframe	Cost
7.1	Review and update the Shire of Capel Community Directory to include contact details of all active groups providing social, cultural and recreational opportunities across the Shire.	Shire, Community Groups	Exec Manager Corp	Ongoing	Nil
7.2	Publish the Shire of Capel Community Directory on the Shire's website and regularly update this on an ongoing basis.	Shire	Exec Manager Corp	Ongoing	Nil
7.3	Continually update the Seniors' section on	Shire, Service	Exec	Ongoing	Nil

	the Shire's website with specific links to Australian, State, Shire and local websites and information relevant to seniors.	Providers	Manager ComS		
7.4	Expand the Shire's email database of seniors and promote this as a communication network for senior groups.	Shire	Exec Manager ComS	Ongoing	Nil
7.5	Promotion and possible subsidization, through external funding, of computer classes for seniors.	Shire, Grants	Exec Manager ComS	Ongoing	Nil

Civic Participation and Employment – Recommendations 31 to 32

Objective 8 – Develop and maintain volunteer engagement and retention

Strategies		Stakeholders	Responsible Officer	Timeframe	Cost
8.1	Ensure that contributions made by volunteers are continually recognized and celebrated.	Shire, Volunteers, Grants	Exec Manager ComS	Ongoing	Annual Budget Allocation
8.2	Promote volunteering and develop a strategy to support the recruitment of volunteers for local community groups.	Shire, Community Groups	Exec Manager ComS	Ongoing	Nil

Community Support and Health Services – Recommendations 33 to 35

Objective 9 – Enable older people in the Shire to remain in their homes as a preferred option

Strategies		Stakeholders	Responsible Officer	Timeframe	Cost
9.1	Continually promote support services available for seniors in the Seniors' Link newsletter.	Shire, Service Providers	Exec Manager ComS	Ongoing	Nil
9.2	Endeavour to establish a 'Swap It' initiative in major localities in the Shire. Community members can either swap services or freshly grown produce. Tie in with Neighbourhood Watch for Police Clearances.	Shire, community groups, Neighbourhood Watch, Police.	Exec Manager ComS	Ongoing	Nil

Whole of Organisation Approach to Ageing – Recommendations 36 to 37

Objective 10 – Ensure that there is awareness across the whole community about the Age-friendly Strategy

Strategies		Stakeholders	Responsible officer	Timeframe	Cost
10.1	Promote the Age-Friendly Communities Strategic Plan to the community, Councillors and Staff.	Shire	Shire's Executive Management Team	Ongoing	Nil
10.2	Implement the recommendations of this report that are not otherwise addressed through specific strategies in this plan.	Shire	Shire's Executive Management Team	Ongoing	Budget Allocation
10.3	Ensure the Shire continues to provide discounts for seniors' hiring Shire facilities.	Shire	Exec Manager Corp		
10.4	Review and evaluate the Age Friendly Communities Plan every four years.	Shire	Exec Manager ComS	Ongoing	Nil



Figure 20: Julian Sanders, Valerie Sanders & Shire President Murray Scott

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Appendix 4 - Survey Form

**AGE-FRIENDLY COMMUNITIES PROJECT
SURVEY**



The Shire of Capel is reviewing our Age-friendly Communities Strategic Plan to guide us in our decision-making and forward planning. **Age-friendly communities encourage people to maintain an active involvement in life.** The aim is for us all to maximize our quality of life as we age, with the support of our community and its services.

We are seeking your views because you live in this Shire and we believe that you should be supported as you age and can live here as long as you chose to. No one who fills in the survey will be identified.

Please place a **tick** (✓) or **cross** (x) in one box for each question or **write in** a response where required.

The first part of the survey (Questions 1 to 19) is about you.

Q1	Are you?	<input type="checkbox"/> Male	<input type="checkbox"/> Female
Q2	Are you in Good Health?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Q3	What was your age last birthday? Years	
Q4	Do you usually have someone to help you fill out forms or interpret medical advice?		
	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
If you ticked "Yes" who helps you?			
Q5	What is the highest level of schooling you completed?		
<input type="checkbox"/> Primary School		<input type="checkbox"/> Secondary School	<input type="checkbox"/> College or University
Q6	Which local community do you live in?(Locality)	
Q7	How long have you lived in the Shire of Capel?Years	
Q8	How long have you lived in your current home?Years	
Q9	Who lives in your home with you?		
No one else I live alone	<input type="checkbox"/> Spouse / partner	Other relatives (number	
	<input type="checkbox"/> Non-relatives (number	Children (number	
Q10	Which of the following best describes your current home / housing?		

<input type="checkbox"/> Single House or Duplex	<input type="checkbox"/> House on rural property	<input type="checkbox"/> Independent Unit or Flat
<input type="checkbox"/> Hostel or Nursing Home	<input type="checkbox"/> Unit in Retirement Village	<input type="checkbox"/> Other (Describe)

Q11	Do you own or rent your home?	
<input type="checkbox"/> Rent	<input type="checkbox"/> Own or purchasing home	<input type="checkbox"/> Live with family
Q12	How likely are you to move from your current home in the next 5 years?	
	<input type="checkbox"/> Likely to move (Go to Q13)	<input type="checkbox"/> Possibly move (Go to Q13)
	<input type="checkbox"/> Unlikely to move (Go to Q15)	<input type="checkbox"/> Don't know (Go to Q15)

Q13	If it is <u>likely</u> or <u>possible</u> that you will move in the next 5 years, what is the <u>main</u> reason?		
<input type="checkbox"/> Want smaller home / garden	<input type="checkbox"/> Move closer to family / friends	<input type="checkbox"/> Move to housing with some care and support (e.g. hostel)	
<input type="checkbox"/> Move to lifestyle village	<input type="checkbox"/> Move to location with better facilities and services	<input type="checkbox"/> Other reasons (detail these)	

Q14	If you are likely to move, do you plan to move out of the Shire?	
Yes (If Yes, where to?)		No

Q15	Are there any medical or support services that you need that you cannot access?	
Yes		No
If you answered "yes", please list these		

Q16	If you answered "yes" to Q15 above, was lack of transport the <u>main</u> reason?	
Yes		No

Q17	Do you know how to find out what services are available to you?	
Yes		No

Q18	Which of the following best describes your employment status?			
<input type="checkbox"/> Retired	<input type="checkbox"/> Work full-time	<input type="checkbox"/> Work part-time	<input type="checkbox"/> Unemployed (looking for work)	

Q19	Which of the following describes your <u>secondary</u> occupation (if you have one)?	
Carer (unpaid)		I undertake unpaid volunteer work

The next group of statements seeks your views on your local community.

(Place a tick (✓) or cross (x) in the relevant box next to each question which most closely reflects your view)		Strongly Agree	Agree	Neither Agree nor Disagree	Disagree	Strongly Disagree
Q20	I feel welcome in my local community					
Q21	My local community appreciates and supports people as they age					
Q22	I feel socially and emotionally secure in my local community (e.g. with friends & family)					
Q23	There are opportunities to participate in social, recreation, cultural or spiritual activities in my local community					
Q24	I actively participate in volunteer work in my community					
Q25	I am a member of a local community group or participate in local affairs					
Q26	My local community is a good one to grow older/ retire in					
Q27	The Shire supports or provides adequate services for residents as they age					
Q28	I feel safe in my local community (e.g. from crime)					
Q29	My local community has a positive future					
Q30	I can remain in my local community as I grow old					
Q31	My local community has all of the services that I think I will need as I age					
Q32	I want to maintain my independence in my home for as long as I can					

Q33	Please list <u>three</u> things that you most like about your local community	1. 2. 3.
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Q35	Who should be responsible for caring for people in the local	<input type="checkbox"/> Federal / State Government	<input type="checkbox"/> Local Government	<input type="checkbox"/> Private Organisations
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community as they age?	<input type="checkbox"/> Whole of community with government funding / support	<input type="checkbox"/> Other (please explain)
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The next group of questions asks your opinion on possible barriers to successful and healthy ageing in your local community within the Shire of Capel

(Place a tick (✓) or cross (x) in the relevant box next to each question which most closely reflects your view)	Strongly Agree	Agree	Neither Agree or Disagree	Disagree	Strongly Disagree
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The following services are adequate and accessible:

Q36	Outdoor spaces e.g. recreation / leisure					
Q37	Retail and commercial services					
Q38	Public transport					
Q39	Footpaths and walk trails					
Q40	Suitable housing					
Q41	Information about services and events					
Q42	Medical and support services for older people					
Q43	Shire support in the management of services for the aged					
Q44	Community support in the management of services for the aged					
Q45	In-home support services (e.g. cleaning, garden maintenance)					
Q46	State and Federal funding of services					
Q47	Volunteers					

Q48	Are you aware of support services available through Home and Community Care (HACC) and/or Silver Chain to help you to continue to reside in your home (e.g. Personal care, respite care, domestic services, and transport)?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
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Q49	Do you Use HACC and/or Silver Chain services?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
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Q50 Do you want to make any other comments about ageing in your local community?

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Q51	Would you like to participate in a focus group to provide further input into how we can make the Shire of Capel an age friendly community?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
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If you answered 'yes' to Q51, please provide your name and contact number or email address.....